THE QUEENS CLOSET OPENED.

Incomparable Secrets in Physick, Chirurgery, Preserving and Candying, &c.

Which were presented unto the

QUEEN:

By the most Experienced Persons of the Times, many whereof were had in esteem, when She pleased to descend to private Recreations.

Corrected and Reviewed, with many New and large Additions: together with three exact Tables. by W. M.

Vivit post Funera Virtus.

LONDON,

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BIBLIOTHECA BODLEIANA

TO THE
Ingenious and Courteous
READER.

Reader,

IT being at firſt the general good which cauſed us to publiſh this uſeful and compleat Piece, we could not chuſe but for the ſame end give it a new Birth; eſpecially when we heard that we had ſo well attain'd what we ſought, in regard of the Benefit which ſo many have receiv'd from theſe, which we ſhall now rather

call *Experiments* than *Receipts*, conteined therein. In ſhort, we may ſay that it hath had a general reception, traveling up and down the Kingdoms, and like the good *Samaritane* giving comfort to all it met; neither have we known of any that have bought it, who have not teſtified their high Eſteem thereof. And indeed how ſhould it otherwiſe be, knowing out of what Elaboratories it was produced? Nor is it without its Variety; here preſerving the Fruits of the Earth with ſuch a curious neatneſs, as if it would ſhew, that though Summer gave thoſe pleaſant Fruits, yet that *Art* is able to make Winter richer than her ſelf: or if this will not pleaſe, teaching you to furniſh the Tables of Princes, with ſuch a Grandezza as befits them. But as for the Phyſical Part, what can be more noble than that which gives the rich ſuch an opportunity of ſpending

ſpending upon good works, while they ſuccour the poor, and give comfort to them in their greateſt diſtreſſes. If we have given it too narrow a praiſe, (for too large an Encomium, I am ſure we cannot attribute to it, conſidering its true value;) it is not what we intended, though we are glad to ſee its own high deſerts, carrying it ſo much above the reach of a more than common Repute. 'Tis true there may be ſome faults, and thoſe may juſtly cauſe us to be blamed: but now we hope your Ingenuity will the rather forgive us and them, and with more diligence ſeek to amend what is amiſs, if not for our ſakes, yet out of Charity to a Work which is ſo charitable to your ſelves.

Farewell,

W. M.

The Prescribers and Approvers of most of these Rare Receipts, their following names are in several Pages of this book inserted and annexed to their own Experienced Receipts.

In this table understand { Pp / Qd / Cc } directs to the { Pearl of Pearl. / Queens Delig. / Complea Cook.

King Edward VI.	Qd p 25
Q. Elisabeth	Pp. 5. Qd. 25
King Charles I.	Pp. 28
Queen Mary	Ib 29
Lady Elisabeth *Daughter to King* Charles *the First*	Qd. 62
Dr. Mayhern *Physician to our late King of ever blessed memory*	Pp. 179

D *Dor*

The Approvers Names.

Doctor Butler	Pp. 1, 2, Qd. 99
King	Qd. 90
Montford	Ib. 96
Forster	Pp. 171
More	Ib. 177
Bates	Ib. 186
Bassa *an Italian*	Ib. 7, 8
Adrian Gilbert	Ib. 11
Atkinson	Ib. 16, 57, 156
Goffe	Ib. 115
Stephens	Ib. 20, 83, 136
Price	Ib. 23
Read	Ib. 36
May	Ib. 45
Blacksmith	Ib. 53, 79
Brasdale	Ib. 57
Frier	Ib. 52, 57, 171
Atkins	Ib. 63, 69, 70, 79
Gifford	Ib. 3
Twine	Ib. 78. Qd. 104
Wetherborn	Pp. 85
Lewkner	Ib. 128, 150
Eglestone	Ib. 131
Soper	Ib. 143
Master Stepkins *Oculist.*	Ib. 17, 125
Fenton *Chirurgeon*	Ib. 23
Francis Cox *Chi.*	Ib. 63
Lumley *Chi.*	Ib. 117
Thomas Potter *Chirur.*	Ib. 140

Mr.

Mr. Phillips *Apothecary* Qd. 102
B. Lawd *Arch-Bish. of* Canterbury Ib. 81
Bishop of Worcester Pp. 18
Earl of Arundel Cc. 3
Lord Treasurer Pp. 30
Lord Bocon *Vic. of St.* Albans Qd. 87
Lord Vic. Conway Cc. 99
Lord Spencer Qd 89
Lord Sheffeld Pp. 59
Sir Walter Raleigh Qd. 80
Thomas Mayner Pp. 31
Edward Terrel Ib. 37
Edw. Bolstward Ib. 69
Edw. Spencer Ib. 26
Kenelm Digby Qd 96
Mr. Justice Hutton Pp. 190
Countess of Arundel Ib. 24, 145
Worcester Ib. 66
Oxford Ib. 152
Kent Qd. 80
Rutland Cc. 109
Lady Mounteagle Pp. 136
Abergany Cc. 42
Nevel Pp. 142, 160
Spotswood Qd. 92
Drury Pp. 42
Gifford Qd. 105
Hobby Pp. 10
Leonard Ib. 154

Lady

Lady Smith	Pp. 155
Goring	Ib. 158, 159
Mildmay	Ib. 161
Bray	Ib. 165
Dacres	Ib. 166
Thornborough	Qd. 73
Mallet	Qd. 81
Mistress Duke	Cc. 114
Covet	Pp. 6
Leed	Cc. 82
Powel	Pp. 163
Jones	164
Chance	Pp. 161, 162
Shelly.	Cc. 38
Master Edward Houghton	Pp. 164
Lucatello	Pp. 178
Elderton	Pp. 168
Rudstone	Cc. 51
Feme *the Queens Perfumer*	Qd. 26

THE

THE QUEENS CABINET OPENED: OR, *The Pearle of Practice.*

Accurate, Physical and Chirurgical RECEIPTS.

Doctor Butler's *Preservative against the Plague.*

TAke Wood Sorrel, and pick it from the ſtalk, and pound it very well in a ſtone Mortar; then take to every pound of beaten Sorrel a pound of Sugar finely beaten, and two ounces of Mithridate, beat them very well together, and put them in pots for your uſe; take every morn-

ing before and after the Infection for some time together of this Conserve, as much as a Walnut.

Dr. Butler's *Cordial water.*

TAke Pimpernel, Carduus, Angelica, Scordium, Scabious, Dragon, and still these severally in a Rose-still; and when you have a pint of the water of every of these sorts of Herbs, then mingle all these together very well, and dissolve in it half a pound of Venice Treacle, then still all these together, and mingle the stronger water with the small; six spoonfuls of this water, made blood warm, given to one sick of the Plague, driveth all venome from the heart. It is excellent so used, for the small Pox, or for any pestilent Feaver.

Dr. Butler's *Purging Ale.*

TAke of Sarsaparilla two ounces, of Polypody of the Oak, and Sena, of each four ounces, Caraway seed, and Aniseed, of each half an ounce, Liquorish two ounces, Maidenhair, and Agrimony, of each one little handful, Scurvey half a bushel; beat all these grosly, and put them into a course Canvas Bag, and hang it into three gal-

gallons of ſtrong Ale; when it is three days old drink it.

Doctor Gifford's *Amber Pills for a Conſumption.*

TAke of Venice Turpentine one ounce waſhed, and ſix grains of the powder of white Amber, mix them together, and ſet them in a clean pot upon Embers, and let it not ſtand too hot; to try whether it be enough, take a drop, and let it cool; if after it is cold it be ſtiff, and will not cleave to the finger, it is enough: then take of the powders of Pearl, White Amber, and Coral, of each a quantity, as a quarter of an ounce, of the inner bark of an Oak a quarter of an ounce; of Cinamon, and Nutmegs, of each as much, and three ounces of hard white Sugar; make all theſe into a powder, and ſeethe them, and put the pills into them; before you take them, you muſt be well purged, after which you muſt take three of the aforeſaid pills wrapped up in the Powder, what elſe you will, & in the morning take the yolk of a new laid Egg warmed a little, and put into it as much of the powder as will lie on a ſhilling, and ſup it off; let this be uſed ſome time toge-

thes, and there will be great benefit found by it.

To comfort the Heart and Spirits, and to ſuppreſs Melancholly.

TAke of the juyces of Borage, and Bugloſs, of each one pint and a half, juyce of Pippins, or Queen Apples one pint, juyce of Balm half a pint, clarifie them, then take Cochenel made into powder four drams, infuſe it in the ſaid juyces being cold in an earthen pan for two days, ſtirring it often, then ſtrain it, and with four pound of powder Sugar, (or two pound if you mean not to keep it long) boil it to a ſyrrup, then take it off, and when it is almoſt cold, put to it Diamargaritum Frigidum one dram and a half, Diambra four ſcruples. Take thereof a ſpoonful or two for many mornings together, and when you awake in the night, if there be cauſe; you may alſo add to ſome part of it Saffron to make it more cordial, by putting ſome powder of Saffron in a linnen clout tied up, and ſo milking it out into the ſyrrup, let the ſubſtance thereof remain in the Cloth, and take thereof ſometimes. *Approved.*

A Cordial Electuary for stuffing of the Stomach, or shortness of Breath.

TAke a pint of the best Honey, set it on the fire, and scum it clean, then put to a bundle of Hyssop bruised small before you tie it up; let it boil well, till the Honey taste of the Hyssop, then strain out the Honey very hard, and put to it the powder of Angelica Root, the weight of six pence, powder of Elecampane root the weight of six pence, Ginger, and Pepper, of each the weight of two pence, Liquorish and Anniseed, of each the weight of eight pence, all beaten very small severally: put all these into the strained Honey, and let them boil a little space, stirring them well together all the time, then take them from the fire, and pour all into a clean gally pot, stirring it alwayes till it be through cold, and keep it close covered for your use. When any are troubled with stuffing at the stomach, or shortness of breath, let them take of this Electuary, with a bruised Liquorish stick, and they shall sensibly find much good by it. This was Queen *Elizabeths* Electuary for these infirmities.

Mr.Covet's Medicine for the Palſie.

TAke a pint of the ſtrongeſt muſtard, ſet it in an Oven for two or three times, till it be as thick as a haſty pudding, the Oven muſt not be too hot to burn it: then ſet it on a chafing diſh of coals, till it be dry enough to make into powder. Take half an ounce of Betony powder, and mix it with the ſaid powder, and ſweeten it with Sugar-candy to your taſte. Take of this every morning for ten days. *Approved.*

A Receipt to help Digeſtion.

TAke two quarts of ſmall Ale, put to it red Mints one handful, as much of red Sage, a little Cinamon; let it boil ſoftly till half be waſted, ſweeten it with ſugar to your taſte, and drink thereof a draught morning and evening.

A ſingular Cordial.

TAke two ounces of dried red Gilly-flowers, and put them into a pottle of Sack, put to it three ounces of fine Sugar in powder, and half a ſcruple of Amber-greece

greece in powder; put all theſe in a ſtone bottle, ſtop it cloſe with a ſtrong cork, and ſhake it oft. After it hath ſtood ten days, paſs it through a Jelly bag, and give two or three ſpoonfuls of it for a great Cordial. This way you may alſo make Lavander Wine for the Palſie, and other Diſeaſes.

Dr. Baſſa *an Italian. An approved Receipt to break the Stone in the Kidneys.*

IN the Month of *May* diſtil Cowdung, then take two live hares, and ſtrangle them in their blood; then take the one of them, and put it into an earthen veſſel or pot, and cover it well with a mortar made of horſe dung and hay, and bake it in an Oven with houſhold bread, & ſet it ſtill in an Oven two or three days, baking it anew with any thing, until the Hare be baked or dried to powder; then beat it well, and keep it for your uſe. The other Hare you muſt fley, and take out the guts only; then diſtil all the reſt, and keep this water: then take at the new & full of the Moon, or any other time, three mornings together as much of this powder as will lie on ſixpence, with two ſpoonfuls of each water, and it will break any ſtone in the Kidneys.

Dr. Baſſe's Remedy for a bloody Urine, or to break a Stone in the Bladder.

TAke the diſtilled Water of Saxifrage, Coriander, Parſley, and cod of Broom when they be green, the berries of white Thorn ſtilled when they be ripe; they muſt be ſtamped ſtones and all, and then diſtilled; the green hulls of Walnuts when they be ripe ſtilled, Raiſins of the ſun ſtilled; every one of theſe waters muſt be ſtilled by it ſelf. Then take an equal quantity of each, as a pint of *Aqua Spiritus*; put them all together, and ſtill them in an ordinary Still, or in *B.* after ſcum the water nine or ten days: and take of this water for ten or fifteen days, five or ſix ſpoonfuls a time in the morning faſting, and uſe to take it after a day or two once in a month.

Syrup of Turnips.

FIrſt bake the Turnips in a pot with houſhold-bread, then preſs out the Liquor between two platters; put a pint of this Liquor to half a pint of Hyſop-water, and as much brown Sugarcandy as will ſweeten it; and boil it to the conſiſtence of

of a syrup. It is very good for a Cold or Consumption.

Syrup of Citron Peels.

TAke the outermost fresh Peels of Citrons cut in small pieces, and pour on them two quarts of water, then wring it through a cloth; put to the Liquor one pound of powder Sugar, boil it to a Syrup, and when it is sodden, put four grains of Musk to it, dissolved in Damask Rose-water. This syrup cooleth not. It defendeth from the Plague.

A Cordial Syrup to cleanse the blood, open Obstructions, prevent a Consumption, &c.

TAke Rosemary-flowers, Betony, Clove-gilly-flowers, Borrage, Broom, Cowslip-flowers, Red-rose leaves, Melilot, Comfrey, Clary, Pimpinel-flowers, of each two ounces, red Currans four pounds: infuse all these into six quarts of Claret Wine, put to it fourteen pounds of ripe Elderberries, make the Wine scalding hot, then put in the Flowers, Currans, and Elder berries, cover the Pot, and paste it very close, set it

in a Kettle of warm water to infuse forty eight hours, til the vertue of the ingredients be all drawn out, then press it out hard, and put to every pint of the liquor one pound and three quarters of powder Sugar, boil and scum it till you find the syrup thick enough; when it is cold bottle it, and keep it for your use. Take two spoonfuls in a morning, and so much in the afternoon, fasting two hours after it.

A Medicine for a Dropsie approved by the Lady Hobby, *who was cured her self by it.*

TAke Caraways, Smallage, Tyme, Hyssop, Watercresses, Pennyroyal, Nettle tops, Calamint, Elecampane-roots, of each one little handful, Horse radish two pounds, boil them in six quarts of running water, until half be consumed; then strain it, boil it anew with a pottle of Canary Sack, Liquorish twelve ounces, sweet Fennel-seed one ounce bruised, and a quarter of an ounce of Cumin-seed bruised; boil all these above half an hour, then strain it, and keep it for your use, nine spoonfuls in the morning fasting, and as much at three or four a clock in the afternoon, use it for some

ſome time together. This the Lady *Hobby* proved by her ſelf.

Dr. Adrian Gilbert's *moſt Sovereign Cordial water.*

TAke Spearmint, Broom-mint, Mother of Tyme, the Bloſſome tops of Garden Tyme, red Pennyroyal, Scabious, Celandine, Wood Sorrel, Wood Betony, Angelica leaves and ſtalkes, ſet Wall leaves, Peony leaves, Agrimony, Tormentil, ſwee Marjoram, red Sage, Rue, Roſſolis, Angelica roots, Elecampany roots, ſet Wall roots, green Peniroyal, Comfrey bloſſoms and leaves, Juniper berries, of each a pound; Balm, Carduus Benedictus, Dragon, Feaverfew, Wormwood, of each two pounds; ſteep all theſe in the lees of ſtrong pure venient Claret wine for nine days, every day twice turning them to mingle them well in the Lees, then diſtil them in a Limbeck with a red clear head, with two pound of ſhaved Harts horn, and Ivory twelve ounces; draw as long of it as you may in ſeveral pottle glaſſes: the firſt is accounted the beſt and uncompounded, and the perfecteſt againſt the Plague, ſpotted Feavers, and ſmall Pocks, ordinary Feavers, divers times

experienced by my ſelf, either to prevent, or in the time of theſe ſickneſſes. If you will compound it becauſe the water hath an ill taſte, then take the firſt gallon of the water, and mix it with a pottle of the beſt Malaga ſack, and put into them three pounds of Raiſins ſolis ſtoned, Figs one pound and a half, the flowers of Clove-gilly-flowers, Cowſlips and Marigolds, blue Violets, of each two pounds, red Roſe buds one pound, Ambergreece, Bezoar ſtone, clarified Sugar, Aniſeeds, Liquoriſh, and what elſe you pleaſe.

Theſe are *Adrian Gilbert*'s Receipts, having had experience of them moſt conſtantly ſure. The uncompounded Water is the more excellent: and if in time of infection one take two ſpoonfuls of it in good Beer or white Wine, he may ſafely walk from danger by the leave of God. If any of the former diſeaſes attach any perſon, then he muſt take four ounces of the firſt water, and mix therewith either the ſyrups of Violets, Clove-gilly flowers, or Angelica, as the diſeaſe is: one ſpoonful of the ſyrup is ſufficient for four ounces of the water, ſo take it in three times.

For

For a swoln Face.

TAke Oyl of Elder and Plantane water, of each one ounce, beat them well together, until they be exactly incorporated, and therewith anoint the tumefied place twice or thrice in a day, until the swelling be chased away.

Cock Water for a Consumption.

TAke a running Cock, pull him alive, then kill him, cut him abroad by the back, take out the entrails, and wipe him clean, then quarter him, and break his bones; then put him into a Rose-water still, with a pottle of Sack, Currans, and Raisins of the Sun stoned, and figs sliced, of each one pound, Dates stoned and cut small half a pound, Rosemary flowers, Wilde Time, Spearmint, of each one handful, Organs or Wilde Marjoram, Bugloss, Pimpinel, of each two handfuls, & a pottle of new milk from a red cow. Distil these with a soft fire, put into the Receiver a quarter of a pound of brown Sugarcandy beaten small, four grains of Amber-greece, forty grains of prepared pearl, and half a book of leaf

gold

gold cut very ſmall; you muſt mingle the ſtrong water with the ſmall, and let the Patient take two ſpoonfuls of it in the morning, and as much at going to bed.

A precious Cordial for a ſick body.

TAke three ſpoonfuls of Mintwater, and as much of Muskadine and Wormwood water, two or three ſpoonfuls of fine Sugar, and two or three drops of Cinamon ſpirit; beat theſe well together with two or three ſpoonfuls of Clove-gilly-flowers ſpirit, and give the Patient now and then one ſpoonful thereof; eſpecially when he or ſhe goeth to bed.

Wormwood Cakes good for a cold Stomach, and to help Digeſtion.

TAke pure ſearced Sugar two ounces, and wet it with the Spirit of Wormwood, then take a little Gum Tragacanth, and ſteep it all night in Roſe water, then take ſome of this and the wet ſugar, and beat them together in an Alablaſter mortar till it come to a paſte like dough, if you pleaſe put a little muſk to it, then make it up in little cakes of the breadth of a groat or three

three pence; lay them upon plates, and dry them gently in an Oven, and keep them in a dry place for your use: and upon occasion hold one of them in your mouth to melt, and swallow the dissolved juyce thereof for the infirmities aforesaid.

To make Water of life.

TAke Balm leaves and stalks, Burnet leaves and flowers, Rosemary, red Sage, Taragon, Tormentil-leaves, Rossolis, red Roses, Carnation, Hyssop, Thyme, red strings that grow upon Savory, red Fennel leaves and roots, red Mints, of each one handful; bruise these Herbs and put them in a great earthen pot, and pour on them as much white wine as wil cover them, stop them close, and let them steep for eight or nine days, then put to it Cinamon, Ginger, Angelica seeds, Cloves and Nutmegs, of each one ounce, a little Saffron, Sugar one pound, Raisins *Solis* stoned one pound, Dates stoned and sliced half a pound, the loins and legs of an old Coney, a fleshy running Capon, the red flesh of the sinews of a Leg of Mutton, four young Chickens, twelve Larks, the yolks of twelve Eggs, a loaf of white bread cut in sops, and two or

three

three ounces of Mithridate or Treacle, and as much Baſtard or Muſcadine, as will cover them all. Diſtil all with a moderate fire, and keep the firſt and ſecond waters by themſelves; and when there comes no more by diſtilling, put more Wine into the Pot upon the ſame ſtuff, and diſtil it again, and you ſhall have another good water. This water muſt be kept in a double glaſs cloſe ſtopt very carefully: It is good againſt many Infirmities, as the Dropſie, Palſie, Ague, Sweating, Spleen, Worms, Yellow and Black Jaundies; it ſtrengtheneth the Spirits, Brain, Heart, Liver, and Stomach. Take two or three ſpoonfuls when need is by it ſelf: or with Ale, Beer, or Wine mingled with Sugar.

Dr. Atkinſon's *excellent Perfume againſt the Plague.*

TAke Angelica roots, and dry them a very little in an Oven, or by the fire: and then bruiſe them very ſoft, & lay them in Wine Vinegar to ſteep, being cloſe covered three or four days, and then heat a brick hot, and lay the ſame thereon every morning: this is excellent to air the houſe or any clothes, or to breathe over in the morning faſting.

To make a Saffron Water.

TAke ſeven Quarts of white Wine, and infuſe in it all night one ounce of Saffron dryed, and in the morning diſtil it in a Limbeck, or glaſs body with a head, & put ſome white Sugar-candy finely beaten into the Receiver for it to drop on.

Mr. Stepkin's *Water for the Eyes.*

TAke four ounces of white Roſe water and two drams of Tutia in powder, ſhake them well together in a glaſs vial, & drop of it a little into the eyes evening and morning, it is very good for any hot Rheum.

A precious Water to revive the Spirits.

TAke four gallons of ſtrong Ale, five ounces of Aniſeeds, Liquorish ſcraped, half a pound, ſweet Mints, Angelica, Betony, Cow-ſlip flowers, Sage, and Roſemary flowers, ſweet Marjoram, of each three handfuls, Pellitory of the wall one handful. After it is for two or three days, diſtil it in a Limbeck, and in the water infuſe one handful of the flowers aforeſaid,

Cina-

Cinamon and Fennil-ſeed, of each half an ounce, Juniper-berries bruiſed one dram, Red-roſe buds, roſted Apples, and Dates ſliced and ſtoned, of each half a pound: diſtil it again, and ſweeten it with ſome Sugar-candy, and take of Ambergreece, Pearl, red Coral, Harts-horn powdered, and Leaf gold, of each half a dram; put them into a fine linnen bag, and hang it by a thread in a glaſs.

The Biſhop of Worceſter's *admirably curing Powder.*

TAke black tips of Crabs claws when the Sun enters into *Cancer*, which is every year on the eleventh day of *June*; pick and waſh them clean, & beat them into fine powder, which finely ſearce, then take Musk and Civet, of each three grains, Ambergreece twelve grains, rub them in the bottom of the Mortar, and then beat them and the powder of the Claws together; then with a pound of this powder mix one ounce of the magiſtery of Pearl. Then take ten skins of Adders or Snakes, or ſlow worm, cut them in pieces, and put them into a pipkin to a pint and a half of ſpring water, cover it cloſe, and ſet it on a gentle fire

fire to ſimmer only, not to boil, for ten or twelve hours, in which time, it will be turned into a Jelly, and therewith make the ſaid powder into balls. If ſuch skins are not to be gotten, then take ſix ounces of ſhaved Harts-horn, and boil it to a Jelly, and therewith make the ſaid powder into balls; the horn muſt be of red Deer killed in *Auguſt*, when the Moon is in *Leo*, for that is beſt. The Doſe is ſeven or eight grains in Beer or wine.

To make Spirit of Caſtoreum.

TAke Calamints four ounces, Orange peels two ounces, Nep half a handful, Walnut bloſſoms half an ounce, Roſemary flowers, and tops of Sage, of each one handful, Caſtoreum one ounce, white Wine one quart; diſtil them in a Limbeck. This water is good for ſwounding fits, weak ſtomachs, and riſing of the Mother.

A Water for the Stone.

TAke a quart of clean pick'd Strawberries, put them in a glaſs, pour on them a quart of *Aqua-vitæ*, let them ſtand and ſteep; and take two or three ſpoonfuls of it

it morning and evening with fine Sugar, or white Sugarcandy. It will keep all the year. *Approved.*

To make Dr. Stephens *Water.*

TAke a gallon of Claret Wine or Sack, Cinamon, Ginger, Grains of Paradise, Gallingal, Nutmegs, Anniseed, and Fennelseed, of each three drams, Sage, Mint, red Roses, Pellitory of the Wall, Wilde Marjoram, Rosemary, Wilde Time, Cammomile, Lavender, of each one handful: bruise the said spices small, cut and bruise the Herbs, and put all into the wine in a Limbeck, and after it hath stood twenty four hours, distil it gently, and keep the first water by it self, and so the second.

For a Tetter.

TAke water of red Tar, and wash it therewith. This is an approved remedy.

A special Water for a Consumption.

TAke a peck of Garden shell Snails, wash them in small Beer, put them into

into a great Iron dripping pan, & ſet them on the hot fire of Charcoals, and keep them conſtantly ſtirring till they make no noiſe at all; then with a knife and cloth pick them out, and wipe them clean, then bruiſe them in a ſtone Mortar, ſhells and all; then take a quart of Earthworms; rip them up with a knife, and ſcoure them with Salt, and waſh them clean, and beat them in the Mortar: then take a large clean Braſs pot to diſtil them in, put into it two handfuls of Angelica, on them lay two handfuls of Celandine, a quart of Roſemary flowers, of Betony and Agrimony, of each two handfuls; Bears-foot, Red dock leaves, the bark of Barberies, and Wood Sorrel, of each one handful, Rice half a handful, Fenugreek & Turmerick, of each one ounce, Saffron dried and beaten into powder the weight of ſixpence, Harts horn and Cloves beaten, of each three ounces; when all theſe are in the Pot, put the Snails and Worms upon them, and then pour on them three gallons of ſtrong Ale; then ſet on the Limbeck, and paſte it cloſe with Rye dough, that no air come out or get in, and ſo let it ſtand one and twenty hours, and diſtil it with a moderate fire, and receive the ſeveral Quarts in ſeveral Glaſſes cloſe

ſtopt

ſtopt. The Patient muſt take every morning faſting, and not ſleep after it, two ſpoonfuls of the ſtrongeſt water, and four ſpoonfuls of the weakeſt at one time, faſting two hours after it.

Syrup of Pearmains good againſt Melancholly.

TAke one pound of the juyce of Pearmains, boil it with a ſoft fire till half be conſumed; then put it in a glaſs, and there let it ſtand till it be ſetled, and put to it as much of the juyce of the leaves and roots of Borrage, Sugar half a pound, ſirup of Citrons three ounces, let them boil together to the conſiſtence of a ſirup.

Tincture of Ambergreece.

PUt into half a pint of pure ſpirit of Wine in a ſtrong glaſs Ambergreece, one ounce, Muſk two drams, ſtop the glaſs cloſe with a cork and bladder, and ſet it in hot horſe dung twelve days; then pour off the ſpirit gently, and put as much new ſpirit on, and do as before, and pour it off clean: after all this, the Ambergreece will ſerve for ordinary uſes. One drop of this

Tincture

Tincture will perfume any thing, besides it is a great Cordial.

Doctor Price, *and Mr.* Fenton *the Chirurgeon, their excellent Medicine for the Plague after Infection.*

TAke assoon as you find your self sick, as much Diascordium as the weight of a shilling, with ten grains of the powder called *Speciei de gemmis*, well mingled together; and streight after this let the party drink a good draught of hot posset ale made with Carduus Benedictus, Sorrel, Scabiosa, and Scordium, within eight hours after the first taking of it, the party must take the Diascordium and Posset again as aforesaid, and in like sort the third time within eight hours after, but not above three times, nor the third time, if the party mend after the first or second taking. Doctor *Price* doth commend much thereof to be taken for the kind of cure for the Plague after one is infected: and Mr. *Fenton* the excellent Chirurgeon, who hath much experience in the cure of the Plague, doth highly commend it as a thing in his own experience proved very good. The use of a root called Sedour is to be chewed in the mouth, still when one

is

is in the company of ſuch perſons as are thought to be infected with the contagion: this root is to be bought at the Apothecaries.

A Drink for the Plague or Peſtilent Feaver, proved by the Counteſs of Arundel, *in the Year* 1603.

TAke a pint of Malmſey, and burn it, and put thereto a ſpoonful of grains, being bruiſed, and take four ſpoonfuls of the ſame in a porringer, and put therein a ſpoonful of Jean Treacle, and give the Patient to drink as hot as he can ſuffer it, and let him drink a draught of the Malmſey after it, and ſo ſweat: if he be vehemently infected, he will bring the Medicine up again; but you muſt apply the ſame very often day and night till he brook it; for ſo long as he doth bring it up again, there is danger of him: but if he once brook it, there is no doubt of his recovery by the Grace of God: provided then when the party infected hath taken the aforeſaid Medicine and ſweateth, if he bring it up again, then you muſt give him the aforeſaid quantity of Malmſey and grains, but no Treacle, for it will be too hot for him, being in a ſweat

sweat. This Medicine is proved, and the party hath recovered, and the sheets have been found full of blue marks, and no sore hath come forth; this being taken in the beginning of the sickness. Also this Medicine saved 38 Commons of *Windsore* the last great Plague 1593. was proved upon many poor people, and they recovered.

A Syrup for a Cold.

TAke Pennyroyal half an ounce, Raisins of the Sun stoned one ounce, half so much Liquorish bruised, boyl them in a pint of running water, till half be consumed; then strain it out hard, and with Sugar boyl it to a pretty thick syrup, and take it with a Liquorish stick. *Often proved.*

An excellent Receipt for a precious Water.

TAke a pottle of the second water of Aqua Composita, of Balm, Betony, Pellitory of the Wall, sweet Marjoram, the flowers of Cowslip, Rosemary, and Sage, of each one handful, the seeds of Annise, Caraway, Coriander, Fennil, and Gromel, and Juniper berries of each one spoonful, three or four Nutmegs, Cinamon,

one ounce, two or three large Maces; bruise all these, and let them lye ten days in steep in the *Aqua Composita*; set the Glass in the Sun, and stir it well every morning, then strain it, and put to it three quarters of a pound of fine Sugar, one grain of Ambergrease, and two grains of Musk.

To make an excellent Syrup of Citrons or Lemons without fire.

TAke Citrons, or Lemmons, as many as you will, pare off their rinds, then slice them very thin; then put into a silver or glass bason, a thick lay of fine sugar, and upon that the slices of Citrons or Lemmons, and lay after a lay of sugar, and the other, till the bason be near full, let it stand all night covered with a paper, the next day pour of the liquor into a glass through a Tiffany strainer; be sure you put sugar enough to them at the first, and it will keep a whole year good, if it be set well up.

A Salve for the Eyes made by Sir Edward Spencer.

TAke new Hogs grease tryed and clarified two ounces, steep it six hours in

in red Rose water, after wash it in the best white Wine, wherein Lapis Calaminaris hath been twelve times quenched: it will take a pottle of white Wine, for the Lapis Calaminaris will waste it by often quenching, a piece of the Lapis as big as a Turkey Egg will serve; when the grease is well washed, adde to it one ounce of Lapis Tutia prepared, of Lapis Hematites well washed, two scruples, Aloes Succotrina, twelve grains, Pearl four grains; all these must be prepared, and made into fine powder, put to it some red Fennel-water, and make it into a Salve. If the eyes be very ill, put into each corner of them as much as a pins head of this Salve: and if the eyes be exceeding sore, anoint therewith onely the eye-lids. As the Salve drieth, put to it red Fennel water to keep it moist.

For the small Pox or Measles.

TAke an ounce of Treacle, half an ounce of set-Wall cut small, a pennyworth of Saffron ground small; mix them, and take thereof in a morning upon a knives point as much as you can take up at twice or thrice, three mornings together.

A very good Gliſter for the Wind.

TAke Mallow leaves, Cammomile, Mercury, Pellitory of the Wall, Mugwort, and Pennyroyal, of each a ſmall handful, Melilot, and Cammomile flowers, of each half a handful, of the ſeeds of Anniſe, Caroway, Cummin and Fennel, of each one quarter of an ounce, Barberries, and Juniper berries, of each three drams; boyl all theſe in three pints of clear poſſet ale to twelve ounces, and uſe it warm.

The King's Medicine for the Plague.

TAke a little handful of Herb-grace, as much of Sage, the like quantity of Elder leaves, as much of red Bramble leaves, ſtamp them altogether, and ſtrain them through a fair linnen cloth, with a quart of white Wine, and a quantity of white Wine Vinegar, and a quantity of white Ginger, and mingle all together; after the firſt day you ſhall be ſafe four and twenty days: after the ninth day a whole year by the grace of God; and if it fortune that one be ſtricken with the Plague before he hath drunk the Medicine, then take the aforeſaid with a

ſpoonful

ſpoonful of Scabioſa, and a ſpoonful of Betony water, and a quantity of fine Treacle, and put them together, and cauſe the Patient to drink it, and it will put out all Venome: and if it fortune that the botch appear, take the leaves of red Brambles, Elder leaves, and muſtard ſeed, ſtamp them together, and make a Plaiſter thereof, and lay it to the ſore, and it will draw out all the Venom, and the perſon ſhall be whole by the grace of God.

A Medicine for the Plague that the Lord Mayor had from the Queen.

TAke of Sage, Elder, and red Bramble leaves, of each one little handful; ſtamp and ſtrain them together through a cloth with a quart of white wine, then take a quantity of white wine Vinegar, & mingle all theſe together; and drink thereof morning & night a ſpoonful at a time nine days together, and you ſhall be whole. There is no Medicine more excellent than this, when the ſore doth appear, than to take a Cock Chick and pull it; and let the Rump be bare, and hold the Rump of the ſaid Chick to the ſore, and it will gape and labour for life, and in the end die; then

take another, and the third, and ſo long as any one do die: for when the poiſon is quite drawn out, the Chick will live, the ſore preſently will aſſwage, and the party recover. Mr. *Winlour* proved this upon one of his own Children; the thirteenth Chick died, the fourteenth lived, and the party cured.

Lord Treaſurers Receipt for an Ague.

TAke a quantity of Plantain, ſhred it, and double diſtil it, and take ſix or eight ſpoonfuls of the water, with as much Borage-water, with a little Sugar, and one Nutmeg; and drink it warm in the cold fit, by Gods help it will cure you.

For Rheume in the Eyes.

TAke one ſpoonful of Cumin-ſeed finely beaten, and boyl it in Verjuyce till half be conſumed, put to it ſome coarſe wheat bran; and boyl it till it be dry, then put it in a ſmall linnen bag, and lay it to the nape of the neck ſo hot as you can endure it, and it will draw the Rheume away.

To break the Stone, and bring away the Gravel.

TAke the inner bark of a red Filberd-tree, and ſhave a good handful of it, and take as much Saxifrage, and ſteep them in a quart of Ale or white Wine, and drink a good draught thereof nine mornings together faſting.

A Cordial Water in the time of Infection, by Sir Thomas Mayner.

TAke the juyce of green Walnuts, ſhells and all two pound, the juyces of Balm, Carduus Benedictus, and Marigolds, of each three pound, Roots of great Docks half a pound, Butchers broom roots and all, three quarters of a pound, Angelica and Maſterwort, of each three ounces, Scordium leaves two handfuls, Venice Treacle and Mithridate, of each four ounces, Canary Wine three pints, juyce of Lemons one pint, digeſt theſe in a glaſs body two days cloſe ſtopt, then put on a glaſs head, and diſtil it, and when it is half diſtilled, ſtrain that which is left in the Glaſs, through a linnen cloth, and diſtil it till it grow thick

as honey, which put into a Gallypot, and give some of it in the time of infection on a knives point. The distilled water is also good for the same purpose.

China Broth for a Consumption.

TAke an ounce of China root chipped thin, and steep it in three pints of water all night on embers covered, the next day take a Cock chicken deplumed and exenterated, and put in its belly Agrimony, Maidenhair, of each half a handful, Raisins of the Sun stoned one good handful, and as much French barley; boyl all these in a pipkin close covered on a gentle fire for six or seven hours, let it stand till it be cold, strain it, or let it run through a Hypocras bag, and keep it in a glass for your use. Take a good draught of it in the morning, and at four a clock in the afternoon.

A comfortable Bag for the Stomach.

TAke Balm, Wormwood, Rosemary, Spearmints, sweet Marjoram, Winter savory, of each half a handful, dry them between two dishes on a chafing-dish of coals, sprink-

ſprinkling them often with good Vinegar, when they are well dryed, put to them ſome crumbs of bread; Cloves, Cinamon, and Nutmeg beaten to powder; put them in a fine linnen bag, quilt it, and lay it warm to the ſtomach.

To increaſe Womans Milk.

BRuiſe Fennel ſeed, and boyl them in Barley water, and let the Woman drink thereof often.

To expel Wind.

TAke a handful of Groundſwel ſtripped downwards, as much of Sage, and a quarter of a pound of Currans; boyl theſe in a pint of Ale, and drink it.

For the Piles.

TAke white Lead finely ſcraped one dram, burnt Allum two drams, temper them with Hogs lard, and Plantain water, and therewith anoint the grieved place.

For a Thrush, or Canker in the Mouth.

TAke two spoonfuls of clarified honey, and put a piece of Allum between red hot tongs, and hold it till it drop into the Honey, and therewith dress the mouth often, until it be perfectly cured.

A green Oyntment good for Bruises, Swellings, and Wrenches in Man, Horse, or other Beast.

TAke six pound of May Butter unsalted, Oyl Olive one quart, Barrowsgrease four pound, Rosin, and Turpentine, of each one pound, Frankincense half a pound: then take these following Herbs, of each one handful: Balm, Smallage, Lovage, red Sage, Lavander Cotton, Marjoram, Rosemary, Mallows, Camomile, Plantain, Alheal, Chickweed, Rue, Parsley, Comfrey, Laurel leaves, Birch leaves, Longwort, English Tobacco, Groundswel, Woundwort, Agrimony, Briony, Carduus Benedictus, Betony, Adders Tongue, Saint Johns-wort; pick all these, wash them clean, and strain the water clean from them. These Herbs must be gathered after Sun

Sun rising. Stamp them very small in a stone Mortar, then beat the Rosin and Frankincense to powder, and melt them alone; then put in the Oyl, Butter, and Hog's grease, and when all is well melted, put in the Herbs, and let them boil half a quarter of an hour: then take it off the fire, and scum it very clean a quarter of an hour, and when it is off the fire, put in the Turpentine, and two ounces of Verdigrease, stir it well, or else it will run over, & so stir it till it leave boiling; then put it in an earthen pot, which stop very close with a cloath, and a board on the top, and set in an horse dunghil one and twenty days; and take it out and put it into a Kettle, and let it boil a little, taking heed that it boil not over: then strain it through a coarse cloth, and put to it half a pound of Oyl of Spike, and cover the pot close till you use it. When you have any occasion to use it, warm it a little for a cold cause, and anoint the place grieved. Mix this Oyl with the like quantity of the Oyl of Bays, when it is for a Melander in a Horse, or a dry Itch in a Horse or Mare; then take Quicksilver, and beat it often with fasting spittle, till it be killed and look black, and take a quart of Comfrey to the quantity of Quicksilver,

to

to which put thrice ſo much of the ſaid oyl; beat all well together, and uſe it. For a man it muſt be well chafed in the Palm of the hand three or four times. If you uſe it for a Horſe, put to it Brimſtone finely beaten, and work it all together, as aforeſaid.

An excellent Sear-cloth for a Wound, Bruiſe, or Ache.

TAke a pint of Oyl Olive, four ounces of Unguentum Populeon, the Oyls of Cammomile and Roſes, of each one ounce, Virgins Wax three ounces, Red Lead in powder eight ounces; boyl theſe together, continually ſtirring them, till they will ſtick to a cloth, which is enough, then wet your clothes in them, and hang them up to dry. The beſt time to make it is in *March*.

Dr. Read's *Perfume to ſmell againſt the Plague.*

FIrſt take half a pint of red Roſe water, and put thereto the quantity of a hazle Nut of Venice Treacle or Mithridate, ſtirring them together till they be well infuſed, then put thereto a quarter of an ounce

ounce of Cinamon broken into ſmal pieces, and bruiſed in a Mortar, twelve Cloves bruiſed, the quantity of an hazle Nut of Angelica root ſliced very thin, as much of ſet-Wall roots ſliced, three or four ſpoonfuls of white Wine Vinegar, ſo put them all together in a glaſs, and ſtop it very cloſe, and ſhake it two or three times a day together, ſo keep it to your uſe; when you wet the ſpung, ſhake the glaſs: in the Winter you may put to it three or four ſpoonfuls of Cinamon water or Sack.

A Perfume againſt the Plague.

DIvers good Phyſicians opinions are, that to burn Tar every morning in a chafing-diſh of coals is moſt excellent againſt the Plague; alſo put in a little Wine Vinegar to the Tar. It is moſt excellent and approved.

Sir Edward Tertile's *Salve, called the chief of all Salves.*

TAke Roſin eight ounces, Virgins Wax and Frankincenſe, of each four ounces, Maſtick one ounce, Harts ſuet four ounces, Camphire two drams, beat the Roſin, Maſtick,

Maſtick, and Frankincenſe in a Mortar together to fine powder; then melt the Roſin and Wax together, then put in the powders: and when they are well melted, ſtrain it through a cloth into a pottle of white Wine, and boil it together, till it be ſomewhat thick; then let it cool, and put in the Camphire and four ounces of Venice Turpentine drop by drop, leſt it clumper, ſtirring it continually, then make it up into Rolls, and do with it to the pleaſure of God, and health of man.

The Vertues and uſe of it.

1. IT is good for all Wounds and Sores, old or new, in any place.

2. It cleanſeth all Feſters in the fleſh, and heals more in nine dayes, than other ſalves cure in a month.

3. It ſuffers no dead fleſh to ingender, or abide, where it comes.

4. It cureth the Head-ache, rubbing the Temples therewith.

5. It cureth a ſalt fleam Face.

6. It helpeth Sinews that grow ſtiff, or ſpring with labour, or wax dry for want of blood.

7. It draweth out ruſty Iron, Arrow-heads,

heads, Stubs, Splints, Thorns, or whatſoever is fixed in the fleſh or wound.

8. It cureth the biting of a mad Dog, or pricking of any venemous creature.

9. It cureth all Felons, or white flaws.

10. It is good for all feſtering Cankers.

11. It helpeth all Aches of the Liver, Spleen, Kidneys, Back, Sides, Arms, or Legs.

12. It cureth Biles, Blanes, Botches, Impoſthumes, Swellings, and Tumours in any part of the body.

13. It helpeth all aches and pains of the Genitors in man or woman.

14. It cureth Scabs, Itch, Wrenches, Sprains, Strains, Gouts, Palſies, Dropſies, and waters between the fleſh and skin.

15. It healeth the Hemorrhoids, or Piles in man or woman.

16. It cureth the bloody Flux, if the belly be anointed therewith.

17. Make a Sear-cloth thereof to heal all the aboveſaid Maladies, with very many other, which for brevity ſake are omitted.

A Reſtorative Broth.

TAke a young Cock or Capon, fley it, and cut it in four quarters, take out the bones, and chop the fleſh ſomewhat ſmall, put it into an earthen pot of three quarts with a cloſe cover, and pour on it a quart of good red Wine, and a pint of red Roſe water; and put to one handful of Currans, ten Dates ſtoned and cut ſmall, of Roſemary flowers or leaves, and Borage, of each half a handful, then cloſe on the cover of the pot very faſt, and ſet the ſaid pot in a big braſs pot of water, and let it boyl five or ſix hours, taking heed that the water in the braſs pot get not into the other pot: when it is well boyled, let it cool leaſurely in the braſs pot, and then bruiſe all with a ladle, and ſtrain out the liquor, whereof take morning and evening four or five ſpoonfuls blood-warm.

For the Piles.

TAke one ſpoonful of white dogs turd, as much white Frankincenſe, and twenty four grains of Aloes, beat them fine and ſearce them, then take one ſpoonful of honey,

honey, the yolk of an Egg, and as much Oyl of Roſes as will make it to an Oyntment, mingle them well together, and anoint the grieved place; if the ſore be inward, wet a tent of lint in the Oyntment, and put it into the Fundament, and ſpread ſome of the Oyntments on a cloth, and put that on it. This is a preſent remedy.

For a ſore Throat.

MIngle burnt Allum, the yolk of an Egg, powder of white Dogs turd, and ſome Honey together; tye a clout on the end of a ſtick wet in this mixture, and therewith rub the Throat: or mix white Dogs turd and Honey, ſpread it on ſheeps leather, and apply it to the Throat.

To void Phlegm from the Head, Lungs or Stomach.

MIx Pelitory roots and Muſtard together, and hold it in the mouth, and it will draw out much Phlegm from the Head; but if you boyl Pelitory roots, Hyſop, and Muſtard in Wine and Vinegar, and gargle the Throat with it, it will cleanſe the Lungs and Stomach perfectly.

The

The Lady Drury's *Medicine for the Cholick. Proved.*

TAke a turf of green Graſs, and lay it to the Navil, and let it lie till you find eaſe, the green ſide muſt be laid next to the belly.

A Medicine for one thick of Hearing. Proved.

TAke the Garden Daſie-roots, and make juyce thereof, and lay the worſt ſide of the head low upon the bolſter, and drop three or four drops thereof into the better Ear; this do three or four days together.

An excellent Drink for the Stone.

TAke Saſſafras and Sarſaparilla, of each two ounces ſhaved ſmall, China root and Tormentil roots, of each one ounce ſliced ſmall, Liquoriſh half a pound beaten, Anniſeed four ounces bruiſed; ſteep all theſe in three gallons of running water for twelve hours, then put to them theſe ſimples following, picked and waſhed, *viz.* Columbine,

lumbin, Lady mantle, Marsh Mallow, and Mouse-ear roots slit, Herb Robert, Ribwort, Sanicle, Scabious, Agrimony, Coltsfoot and Betony, of each two handfuls, boyl all these together on a soft fire, till one gallon be consumed, then strain it out, and keep the liquor in a glass close stopped; then take all what remains in the strainer; put it into the pot again, and pour thereon two gallons of running water, and boyl them till half the liquor be consumed, then strain it out, and put both liquors together, set them on the fire, and put a quart of white Wine to it, and let it boyl a while gently, and scum it clean, then take it off the fire, and put to it half an ounce of Rhubarb slit, and two ounces of good Sena leaves, and stir them well together, and cover the pot close to keep in the heat, and let it stand all night, and in the morning stir it well, and cover it again, and so let it stand four days. Take of this liquor in the morning fasting, at four a clock in the afternoon, and after supper at bed time; at each time the quantity of six ounces, and so it must be used till you feel ease.

To

To preſerve a Woman with Child from miſcarrying.

Put a few Cloves and Cinamon, with a ſprig of Balm and Roſemary into a pint of Claret Wine, and burn it altogether, then beat the yolks of ſix new laid Eggs, and put them into the Wine on the fire, then take the Cock-treading of twelve Eggs, and the white of one Egg, and beat them to an Oyl; take off the white froth from it, and put this Oyl into the Wine, and brew all well together with as much powder ſugar as will make it of an indifferent ſweetneſs: whereof let the ſaid woman take four ſpoonfuls at a time, when ſhe feeleth any pain to begin in her back or belly.

To make Childrens teeth come without Pain. Proved.

TAke the head of a Hare boyl'd or roſted, and with the brains thereof mingle honey and butter, and therewith anoint the childs gums as often as you pleaſe.

Dr.

Dr. May's *Juyce of Liquoriſh to ſtay Rheum, and preſerve the Lungs.*

TAke ſix little handfuls of the tops of Hyſop, Roſemary flowers one little handful, of the leaves of Colts-foot, four little handfuls, ſtamp and take the juyce of them, and put to it a pint of Hyſop-water, or running water; unto all theſe put four ounces of Liquoriſh, finely beaten and ſearced, then ſet it on the fire, and boyl it till it be as thick as cream, then ſtrain it through a fine ſtrainer, and ſet it again to the fire, and ſtir it continually till it boyl, and put into it boyling four ounces of Yellow Sugar-candy; let it boyl till it riſe from the bottom, which ſtirring, and when you may handle it, make it up in Cakes and Rolls as you pleaſe.

To kill a Felon quickly.

TAke a little Rue and Sage, ſtamp them ſmall, put to it Oyl of the white of an Egg, and a little Honey, and lay it to the ſore.

A Remedy for the pain in the Stomach.

TAke a pottle of white Wine, eight ounces of Currans, and four ounces of Elicampane-roots ſliced, a ſprig of Marjoram and Spearmint; boyl all theſe together till the Currans be ſoft, adding to it one ſpoonful of ſweet Fennel-ſeed bruiſed. Drink of the liquor every morning faſting, at four a clock in the afternoon, and when you go to bed, the quantity of ſix ſpoonfuls. While you drink this, apply to your ſtomach one ſpoonful of Conſerve of Roſes, two pennyworth of Mithridate, Cinnamon, Cloves and Nutmeg, of each one ſpoonful, and a pennyworth of Saffron, mix theſe together with Roſe-water, and Wine Vinegar, and put them in a Linnen Bag, and warm it, and lay it to the ſtomach.

To cure Diſeaſes without taking any thing at the Mouth.

TAke one pound of Aloes Hepatica, Myrrhe four ounces, both beaten very fine, *Aqua vitæ* and Roſe-water, of each one pint; after one nights infuſion diſtil them in ſand twenty four hours very ſoftly, and

and in the end make a great fire, and there will come a Balſome, wherewith if you rub the ſtomach with a warm cloth dipped therein, it will purge Phlegm and Choller, and all Worms which infect the brain, and breed the Falling-ſickneſs, it expelleth corruption of the ſtomach, it helps digeſtion and appetite, it expurgeth all droſs in the bottom of the ſtomach, it cureth the Gout being mixed and well beaten with *Aqua vitæ*, and applyed warm to the Gouty place, and left long on it.

To break the Stone.

TAke Cammock roots, dry them in an Oven, beat them to powder, ſearſe it, and put as much thereof as will lie on a groat into half a pint of white Wine, half a ſliced Lemon, a top or two of Roſemary, and ſome ſugar, let them lie in ſteep all night, in the morning ſtir them well together, and drink it off, and walk thereupon a good while. Uſe this three or four mornings together, and it will make the ſtone break, and void away in gravel: but if the Kidneys be ulcerated, then uſe the Medicine following, *viz.*

To

To help Ulceration in the Kidneys.

TAke two drams of China-root ſliced ſmall, Golden Rod, Maidenhair, Pauls Betony, Mouſear, Agrimony, Comfrey, Scabious, Bugle, red Bramble leaves, Pelitory of the Wall, Marſh Mallows, and Plantain, of each half a handful, then take one ſpoonful of French Barley, a ſtick of Liquoriſh ſliced ſmall, one handful of Raiſins of the Sun ſtoned; boyl all theſe ſoftly in a pottle of running water to a quart, then take it from the fire, and put to it two ounces of Conſerve of red Roſes, ſtir them together, and let it run through a fine cloth, and keep it cloſe ſtopt in a glaſs, and drink thereof blood warm every morning and evening twelve ſpoonfuls at a time, for two, three, or four weeks, more or leſs, as you ſee occaſion, and find eaſe or pain.

A Special Medicine for one that cannot ſwallow, although no inward Medicine can be taken for it.

TAke the ſoyling of a Dog that is hard and white, powder it, and mingle it well with Engliſh Honey, ſpread it thick upon

upon a linnen cloth, and hold it to the fire, and lay it all over the Throat down to the Channel bone, use fresh morning and evening, bind it hard to, and by God's grace it will help.

To draw up the Uvula.

TAke a new laid Egg, and roste it till it be blue, and then crush it between a cloth, and lay it to the Crown of the head, and once in twelve hours lay new till it be drawn up.

A Purge for Children or old men.

TAke one spoonful of Spirit of Tartar prepared, with Sugarcandy and Rosewater, put it in a little broth, and give it either of them; it purgeth gently, it comforts the heart, and expelleth Phlegm and Melancholly.

For a Noli me tangere.

TAke the Herb called Turnsol, cut it in small pieces, and put it in a bottle, and pour so much *Aqua Vitæ* on it as will cover it four fingers, stop the bottle, and set it in

the Sun ten days, and in the night in the Chimney-corner, but not too near the fire; then pour of the *Aqua Vitæ*, and keep it close, then calcine the dregs remaining in the bottle, between two calcining pots well luted, which will be done in a day, then put the calcined ashes into the said *Aqua vitæ*, and they will all dissolve. Keep this as a great Treasure, & give one spoonful thereof to the party fasting, in white Wine, and wet a cloth in the said Liquor, and bind it on the sore place, and without fail it will dry it up. This helpeth also those that are troubled with the Gravel and Stone, given as aforesaid with white Wine: and it is very excellent for those that have the Dropsie, Palsie, or are taken with a Quartane Ague.

To make the Face fair, and for a stinking Breath.

TAke the flowers of Rosemary, and seethe them in white Wine, with which wash your face; if you drink thereof, it will make you have a sweet breath.

For

For Heat in the Face, redness and shining of the Nose.

TAke a fair linnen cloth, and in the morning lay it over the grass, and draw it over till it be wet with dew, then wring it out into a fair dish, and wet the face therewith as often as you please: as you wet it let it dry in. *May* dew is the best.

An excellent Oyl to take away the Heat and shining of the Nose.

TAke twelve ounces of Gourd-seed, crackle them, and take out the kernels, peel off the skin, and blanch six ounces of bitter Almonds, and make an Oyl of them, and anoint the place grieved therewith: you must always take as much of the Gourd-seed as of the Almonds; use it often.

For Heat or Pimples in the Face.

TAke the Liverwort that groweth in the Well, stamp and strain it, and put the juyce into Cream, and so anoint your face as long as you will, and it will help

you. *Proved.* Also the juyce of Liverwort drunk in beer warm, is good for the heat of the Liver.

To take away Hair.

TAke the shells of fifty two Eggs, beat them small, and still them with a good fire, and with the water anoint your self where you would have the hair off: Or else Cats Dung that is hard and dryed, beaten to powder, and tempered with strong Vinegar, and anointed on the place.

Doctor Frier's *Receipt for sweating in the Face.*

TAke a little handful of Pennyroyal, and as much Cinquefoil, and seethe them in white Wine or Vinegar; if you take Vinegar, put a little to it when it is sodden; this done you must hold your head over it, and cast a sheet over your head, and keep in the air close as long as you can endure it, and so ten or twelve times a day.

An approved Medicine taught by Doctor Blacksmith *for the Cough.*

TAke the roots of Folefoot, and dry them in an Oven, and powder them, then heat a Tile red hot, and strew it thereupon, then set the bottom of a tunnel upon it, and let the Patient receive the same morning and evening.

An approved Medicine for the same, by Doctor Blacksmith.

TAke a pint of Hysop-water, and a quarter of a pound of Sugarcandy, a spoonful of Anniseed bruised, and a small stick of Liquorish sliced and bruised, put them together, and let them stand all night, boyl it a quarter of an hour upon a fire: then strain, and take of it two or three spoonfuls at a time warm; you may take it at any time; but it is best at night when you go to bed, or in the morning.

For the Kidneys ſwoln with cold, or other Accidents.

TAke the Oyls of Roſes and Quinces, of each two drams, and warm them in a ſaucer or porringer, and anoint the place therewith againſt the fire, leſt you take cold in the doing of it.

A Vomit for an Ague.

TAke blue Lilly-roots ſliced ſmall and bruiſed, and ſteep it in as much Vinegar as will cover them; and when the Patient feels his fit coming, let him drink a draught of it in Ale, and keep him very warm while it worketh.

A Reſtorative Bag for a cold or windy Stomach.

TAke Roſe leaves, Roſemary tops, and flowers, red Mints, and Borrage-flowers, of each one handful, warm them in a platter on a chafing diſh of coals, and ever as you ſtir it, ſprinkle it with Sack and Roſe-water; and when it is as hot as can be, put it in a cloth or ſilk bag, and lay it to the bottom

tom of the Stomach, as hot as can be endured, and keep your ſelf from ſtudying or muſing, and it will comfort very much.

A Drink for cold Rhumes of Phlegm.

TAke the Roots of Fennel, Comfrey, Parſley, and Liverwort, Harts tongue, Mouſear, Horehound, Sandrake, Maidenhair, Cinquefoil, Hyſop, Bugloſs, and Violet leaves, of each one handful, waſh and dry them very clean, Raiſins of the Sun eight ounces, Anniſeeds four drams, Liquoriſh two drams, Elicampane root two drams, half a pint of Barley waſhed and bruiſed; boyl theſe in a pottle of fair water, until half the liquor be conſumed, ſtrain it, and put to it one quart of White or Rheniſh Wine, and one ounce of Sugarcandy, and boyl it again till half be conſumed, take it from the fire, and when it is cold, put it into a clean glaſs, and drink thereof every morning and evening a draught firſt and laſt, and by Gods grace it will make you well and ſound. *Approved.*

For Rheum in the Throat.

MAke a Cap of brown paper, perfume it with Frankincenſe, and apply it hot to the head, then take the hard Eggs, and lay them hot to the Nape of the Neck, and anoint the Throat with Oyls of Rice and ſweet Almonds, and lay your ſelf to ſweat; and after ſweating, mix Mel Roſarum, Syrup of Mulberries, Plantain water together, and gargle the Throat therewith. In want of the ſaid Syrup uſe Woodbin water.

A Remedy for the Stone.

TAke a quart of Milk, Ale, and white Wine, of each four ounces, make them into a clear Poſſet drink, the curd taken off; to which put Parſley-roots, Mallow leaves, and Pellitory of the wall, of each one handful, Water-Creſſes one handful and a half, all ſmall ſhred, two ſprigs of Tyme, and Liquoriſh one ounce bruiſed, boyl all together to the conſumption of a quart, and take a draught thereof in the morning, or at any time before meat, ſweetned with Sugar to your taſte.

A

A Broth for the Cough of the Lungs devised by Dr. Brasdale, *Dr.* Atkinson, *and Dr.* Fryer *for the Lord Treasurer.*

Take one paper of the prepared China Roots, and steep it in six pints of fair water three hours, then boil it unto three pints in an earhen pipkin, then boil a chicken, and one ounce of French Barley together in a Pipkin six or seven Walmes, and scum it, then put away the water, and put the Barley and the Chick to the China, with the China in the paper, a little green Endive, twenty Raisins of the Sun stoned, a little crust of bread, and a little Mace, boyl them together unto a pint and half, strain it, and let the party drink every day two draughts thereof, one in the morning fasting, and another at four a clock in the afternoon: use it as often as you see cause.

For a Burning or Scalding.

Take Alchoof one handfull, the yolk of an Egg, and some fair water, stamp them, and strain, and therewith wash the grieved place till the fire be out.

Or boyl ſome Ale-hoof and Sheeps Suet together with Sheeps Dung and Plantain leaves, till they come to a ſalve, and apply it.

To procure Sleep.

BRuiſe a handful of Anniſeeds, and ſteep them in red Roſe-water, and make it up in little bags, and bind one of them to each Noſtril, and it will cauſe ſleep.

To ſharpen a ſick mans Appetite, and to reſtore his Taſte.

TAke Wood or Garden Sorrel one handful, and boyl it in a pint of white Wine Vinegar till it be very tender, ſtrain it out, and put to it Sugar two ounces, and boyl it to a Syrup, and let the Patient take of it at any time.

A comfortable Juleb for a Feaver.

TAke Barley-water and white Wine, of each one pint, Whey one quart, put to it two ounces of Conſerve of Barberries, and the juyces of two Lemons, and two Oranges. This will cool and open the body;

dy and comfort it. If the Feaver be extreme hot, take two white salt Herrings, slit them down the back, and bind them to the soles of the feet for twelve hours. In want of Herrings, take two Pigeons cut open, and so apply them.

A Receipt of the Right Honourable, the Lord Sheffield, *for the Cough of the Lungs.*

TAke of the distilled water of sweet Horehound one pint, and add thereto to make a Sirup three quarters of a pound of fine white Sugarcandy finely beaten, mix these well together, and set them upon a quick Charcoal fire, then take some of the best English Liquorish clean scraped & sliced, and put into it, and let it boil in the said Sirup, and when it seems half boiled, take three grains of Ambergriese reasonable well bruised, and put it into the Sirup, and let it boil altogether, but let any scum that riseth upon it be taken away before you must have a care that it boil not with much heat by often cooling some of it with a spoon; when it comes to a little thickness, being cold, it is boiled sufficiently, else will it be all Candy, and not Sirup, while

it is hot it muſt be ſtrained through a fine cloth that is clean, before it be put in a glaſs.

For a Cough or ſtuffing in the Stomach.

TAke Hyſop water one pint, Muſcadine one quart, four races of Ginger, and as much Liquoriſh ſliced, two pennyworth of Sugarcandy in powder, put all into a glaſs, and ſtop it cloſe, and ſhake them well together, and let it intermix twenty four hours, and drink thereof morning and evening.

A Plaiſter for the Cholick.

TAke Cammomile, Rue, Sage, & Wormwood, of each one handful, Wheaten bran half a handful, cut the Herbs ſmall, and boyl all in good Vinegar till the Vinegar be conſumed, then put it into a linnen bag, and lay it to the pained place as hot as can be endured, and when it is cold warm it again, and uſe it dayly till you be well.

For

For the Riſing of the Mother.

TAke Columbine-ſeed, and Parſnip-ſeed, of each three ſpoonfuls; beat them to fine powder, and boyl them in a quart of Ale to a pint, ſeething with it one handful of Sage cut ſmall, ſtrain it, and drink it off warm every morning and evening; eſpecially when you feel pain. And take two ounces of Galbanum, ſpread it upon a cloth, and lay it upon the Womans Navil.

A Drink for the Dropſie.

TAke Polypody of the Oak ſix ounces, Guajacum one ounce, the Bark of Guajacum three ounces, Saſſafras four ounces, Sena ſix ounces, Aniſeed three ounces, Epithymum, Stechados, of each half an ounce, Raiſins of the Sun ſtoned eight ounces, Hermodactiles three ounces, Agarick, Rhubarb, China root, of each half an ounce, Liquoriſh four ounces; put all theſe to ſteep a whole night in two gallons of Ale, and ſix quarts of ſtrong Wine, in the morning boyl them two hours and a half, the pot being cloſe ſtopt, then ſtrain it being cold, and give the Patient thereof

thereof three times a day, half a pint at a time, *viz.* at ſix in the morning, and at nine after that, and at three in the afternoon. Boyl the remnant in the ſtrainer in ſtrong Ale as before, and drink this ſecond liquor at meals as often as you will. You muſt keep a drying diet of roaſt meat every day, and ſup betimes, but drink no other liquors whatſoever but theſe two.

For a Tympany or Water in ones Body, and for the fulneſs of the Stomach.

TAke red Fennil and ſtill it, and take thereof in the morning faſting a ſpoonful or two, and in the evening or any time of the day, when you feel your ſelf not well: by Gods grace this will help you.

For a Stich in the ſide. Proved.

TAke a pretty quantity of Oats, and boil them in Sack, till they have dryed up the Sack, and then put them in a cloth, and lay it as hot as you can endure it to your ſide, and this will help.

A

A Receipt of Herbs that are to be boyled in Broth, according to Dr. Atkins *opinion.*

TAke Tamarisk, Lettice, Borrage, Bugloſs, Roſemary tops, ſweet Marjoram, Tyme, Succory, Parſley, and Fennil, of each a pretty quantity; and when the body is coſtive, leave out ſome Herbs, and put in only Tamarisk, Borage, Bugloſs, Lettice, Succory, Parſley, Fennil, Betony.

Another by Mr. Francis Cox.

TAke the Roots of Sparagus and Eringoes, of each three or four, cut off the length of a finger, and ſliced, Maidenhair, Tamarisk, Harts-tongue, of each like much, Betony twice as much as any of the reſt, bind theſe and the roots together, take alſo large whole Mace two or three flakes, a quarter of a Nutmeg quartered; take then a young Cock, dreſs him, and ſlice him, and cut his fleſh, and ſo boyl him until he be ſod all to pieces, but let not the Herbs boyl too long in the broth, but when they have given a pretty taſte to it, take them out, and let the reſt boyl till the Chick be all in pieces; then beat the Fleſh of him with

with Dates in a ſtone Mortar, and ſtrain it with the liquor, until you have all the taſte thereof in the liquor, then clarifie this broth with whites of Eggs as you do a Jelly, and then uſe it; this broth will ſtrengthen the back, and have reſpect to the Spleen.

A Preſervative againſt the Plague.

TAke one handful of Roſes, Betony, and ſmall Fellon, two handfuls of Scabious, of Dragon, Sage, Sorrel, Rue, Bramble leaves, and Elder leaves, of each one hanful, Bole-Armoniack as big as an apple, Saffron the weight of eight pence, yellow Sanders one ounce, Sugarcandy two ounces, all beaten into powder; diſtil theſe together, take three ſpoonfuls thereof, and of Treacle or Mithridate the quantity of a bean, and mingle it with the Water, and drink thereof when you are faint.

Oxymel Compoſitum.

TAke pure Honey a pottle, white Wine Vinegar a pint and a half, five Parſley, five Fennel, five Smallage roots the pith taken out, the roots of Kneeholm two ounces, Sparagus one ounce, Smallage ſeed four

four ounces, shred the roots, and bruise the seeds, and steep them in three quarts of Conduit water for four and twenty hours, and after boyl it all to one quart, strain it, and add the Honey clarified, and boyl it therein, then put to the Vinegar, and let it boyl gently to the thickness of a sirup, one spoonful wherof taken every morning fasting cutteth and divideth all gross humors, it purgeth the Liver, Spleen, Reins, and opens all obstructions, it moveth Urine, and provoketh Swear.

A Purging Diet-Drink, the Proportion for four Gallons.

TAke Sarsaparilla four ounces, Sena six ounces, Polypodie of the Oak six ounces, Rhubarb twelve drams, Sassafras roots two ounces, Agarik one ounce, Sea-Scurvey grass a peck, Fennel, Caroway and Anniseed, of each half an ounce, Cloves and Ginger, of each one ounce, wild Radish, and white Flower de luce roots, of each two ounces, Water-cresses, and Brook-lime, of each eight handfuls, slice such of these as are to be sliced, and beat those that are to be beaten in a Mortar, and put them in a Canvas bag, and let it stand eight days

days in a Rundlet of four gallons of ten ſhillings Beer, a little lower than the middle of the Beer, and ſo tun it. Take thereof in the ſpring and fall three or four days together in maner following, every morning at ſix a clock faſting, take half a pint cold, and uſe ſome exerciſe after it till you be warm, and faſt till nine a clock; then take ſuch another draught, and faſt one hour after it, then take ſome thin warm broth, & keep a good diet at meals, eating no ſallads or flegmatick meats; after dinner at three a clock take thereof another half pint, thus do for three or four days in the ſame manner. This will purge gently, clear the blood and inward parts, and prevent diſeaſes. If you pleaſe you may put to the aboveſaid Ingredients two handfuls of Maidenhair.

The Counteſs of Worceſters *Medicine for the Green Sickneſs. Approved.*

TAke a pint of Malmſey, two handfuls of Currans clean waſhed, and put them together, alſo take a little Wormwood, and a little crop or two of red Mint, either green or dryed, and lay it in the Malmſey over night, and in the morning eat a ſpoonful or two of the Currans faſting, and walk after it,

it, eating nothing in an hour; use this twelve days together, and if you shall see cause, also take Wormwood, & warm it between two Tyles, and put it in a cloth, and lay to the stomach when you go to bed, and so fresh every night. Proved by the Lady *Worcester.*

A Diet Drink for a Fistula, or for a Body full of gross Humours.

TAke Sarsaparilla, Sassafras, the Wood and Bark of Oak root, of each four ounces cut small, Agrimony, Coltsfoot, Scabious, of each four handfuls, Marsh Mallow Roots half a handful, Betony, Ladies Mantle, Sanicle, Columbine Roots, of each one handful, shred the Herbs and Roots small, and boyl them all in three gallons of Spring water, or two gallons, then strain them through a Cullender, and put thereto one gallon of clear water, and boyl it to a gallon & an half, and strain it again till all the moysture be out; put thereto a pottle of good white Wine, and a pint and a half of good Honey, and boyl it softly, scum it very clean, take it off the fire, and put to six drams of Rhubarb sliced small, and two ounces of Sena, and keep it in a stone

ſtone veſſel cloſe covered, and drink thereof at five a clock in the morning, and at four a clock in the afternoon, till half of it be waſted; afterwards let the Patient drink thereof every morning a draught, and dreſs the Fiſtula with the green ſalve, and this will cure it.

When this Drink is made as aboveſaid, let it ſtand three days, only ſhaking it together twice or thrice a day. It is fit to be drunk at three days end. In the time of taking it, all fiſh, white meats, fruits, wine, anger, and paſſion, muſt be avoided.

For one that hath no Speech in Sickneſs.

TAke the juyce of Sage, or Pimpernel, and put it in the Patients mouth, and by the grace of God it ſhall make him ſpeak.

A Water good for Lightneſs of the Head, and the aforeſaid Diſeaſe.

TAke the flowers of ſingle white Primroſes, and ſtill them, and drink of the water, and that is good for the lightneſs of the head, and for bringing of the ſpeech again, mingle therewith the like quantity of Roſe-

Roſemary flower water, and Cowſlip water, and the ſame will reſtore the ſpeech again.

Sir Edward Bouſtward's *precious Oyntment for Aches in the Bones, or Sinews that come of cold Cauſes.*

TAke Wormwood, red Sage, the green and tender leaves and buds of Bays and of Rue, of each one pound; chop them, and beat them in a Mortar very ſmall, put to them Mutton Suet well picked from the skins one pound & a half, and beat all well together, and put to them a pint & an half of good Oyl-Olive, or Neatsfoot Oyl, mix them all well together in an earthen pot, and ſet them in a warm Oven five hours: then take it out and ſtrain it; and keep the Oyntment in an earthen pot, anoint the grieved place therwith well by the fire, and cover the place with black wool unwaſhed.

Dr. Atkins. *An excellent Medicine for the Jaundies.*

TAke of Rhubarb finely ſliced the weight of a ſhilling, red Dock roots ſliced the weight of three ſhillings, one Nut-

Nutmeg bruiſed groſly, and put them in a bottle of new beer, or any beer, the bottle being three quarts, or a pottle, let it be cloſe ſtopped for three days, or two at leaſt, and then begin to give him to drink thereof every morning a draught next his heart, and about five a clock in the afternoon, drink this till his ſtool come yellow; if his body be looſe with it, give him but only in the morning; if he will not take this, give him two ſpoonfuls of the Syrup of Succory, with Rhubarb one morning, and every day after give him the weight of ſix pence of the powder after-written in drink or broth, or alebery next his heart for a week together.

Dr. Atkins *Powder.*

TAke Earth-Worms and ſlit them, and waſh them with white Wine, then dry them in an Oven, and powder them, and put to every ſhilling weight of their Powder, a groat weight of Ivory, and as much of Harts-horn ſcraped, & mingle them together, boyl in his broth Parſley Roots and Fennil Roots, and a little Nutmeg; if he will not take this, give him every morning two ſpoonfuls of Oxymel Compoſitum alone,

alone, or in Beer, or else burn some Juniper, and take one ounce of the ashes, and put in an Hypocras bag, with a quarter of a Nutmeg beaten, and run a pint of Rhenish Wine or white Wine through it four or five times, and let him every morning drink a draught of the Wine with Sugar.

An approved Medicine for the Yellow Jaundies.

TAke the peels of Barberries, and scrape off the outside of it, and take the inner peel of them, a quarter as much as one may hold in their hand, a small Rasin of Turmerick grated very small, four or five blades of English Saffron to be dryed and beaten very small, then put all together, & boyl it in a pint of milk or posset drink, until it be very bitter; then strain it, and drink every morning fasting, and at night when you go to bed nine days together, and by the grace of God it will help you; or else you may lay it asleep in strong Ale or Beer twenty four hours, and then drink a quantity of it, as you should the other; and if it be bitter, you may put a little Sugar to sweeten it.

To

To make Oyl of Excester.

TAke Sage two handfuls, one of Tyme, one of the wilde Vine, two of Hyſop, one of Saint Johns-wort, two of Bay-leaves, one of Gooſe-graſs, two of Roſemary, one of Letterwood, two of Pennyroyal, two of Cammomile, two of Lavender, two of white Lillies, two of Dragon leaves, two of Rue, two of Wormwood, two of Mints, one of ſweet Marjoram, one of Pellitory of *Spain*, one of Feaverfew, one of Angelica, one of Betony, ſtamp well theſe herbs, and put them into a great pottage pot, and boyl them in two quarts of running water till the water be conſumed, then put to it two quarts of Cowſlip flowers that have been ſteeped in Oyl Olive four weeks, and have been kept in the Sun all that time, and two quarts of white Wine, and alſo two quarts of Oyl Olive, boyl them together one or two hours, till you think it almoſt dry, then ſtrain in the Oyl from the herbs, and put it into a glaſs, and blow the uppermoſt of the Oyl into the glaſs, for the very bottom is not ſo good.

A Medicine for the Worms.

TAke a little fresh Butter and Honey, melt it, and anoint therewith the child from the stomach to the Navil, then take powder of Myrrhe, and strew it upon the place so anointed, cover it with a brown paper, and binde a cloth over it, and so anoint the child three nights one after another. This Myrrhe is also good to swallow in a morning for shortness of breath, and to chew it in the mouth for Rheums.

A Powder for the Winde in the Body.

TAke Anniseed, Caroway-seed, Jet, Ambergreece, red Coral, dryed Lemon or Orange peels, new laid Egg shell dryed, Dates stones, pillings of Goose-horns, of Capons and Pidgeons, dryed Horse Radish roots, of each half a scruple in fine powder well mixed, and take half a scruple thereof every morning in a spoonful of Beer or white Wine.

To make Oyl of Eggs.

TAke twelve yolks of Eggs, and put them in a pot over the fire, and let them ſtand till you perceive them to grow black, then put them in a preſs, and preſs out the Oyl. This Oyl is good for all manner of burnings and ſcaldings whatſoever.

To make Oyl of Muſtard ſeed.

TAke two pounds of Muſtard ſeed, and four pounds of Oyl Olive, grind them together, and let them ſo ſtand nine days, and then ſtrain it well, and it keep in boxes. This Oyl is good for the Palſie, Gout, Itch, &c.

To make Oyl of Fennel.

TAke a good quantity of Fennel, and put it between two Iron plates, and make them very hot in the fire, then preſs out the liquor. This Oyl will keep a great while: it is good for the Tiſſick, and for Burnings or Scaldings.

To

To make Oyl of Rue.

CUt Rue leaves small, and put them into a pot with some Oyl Olive, and let them stand twelve dayes, then boil them till they be wasted to the third part, then strain it, and keep it close. This Oyl is good to keep away all causes of Pestilences in man, woman, or child.

To make Oyl of Cammomile.

STamp a good quantity of Cammomile flowers in a mortar, put them in a pot with some Oyl Olive, and let them stand twelve days, then boil it a little on the fire, then take it off, and press it out hard, and put the juyce into glasses, and put to them more Cammomile flowers stamped small, and let them stand for your use.

A Soveraign Medicine for a Fistula.

TAke pure Rosin one pound, Sheeps Suet the bigness of a great Egg, or somewhat more in Winter, and set them on a fire in a pot, till it be ready to boyl, then pour it in a pan of cold water, and work it

with your hands rubbed with butter till it become so small as packthred, scrape it on a cloth, and spread it thin, then cut it out small and narrow, and when you use it, roul it up small like tents.

The Powder.

TAke an Ox-horn, and steep it nine days in water; shift it every day into fresh water; then take it out, and fill it full of black Soap, and fry it over the fire in a Frying-pan, and the horn will melt away and burn to powder; dip the end of ten tents in this powder.

The Water.

TAke Allum and white Copperas, of each half a pound, beat them into fine powder, and mix them well together and put them in an earthen pot, and let them boyl on a soft fire till they be hard, & will boyl no longer, then beat them to powder. Two spoonfuls will make a gallon of water, & one spoonful will make a pottle; but let the water seeth first; then take it off, and at first sprinkle a little of the powder lest it flame up, and after the rest wet a fair cloth

cloth, and dress the sore twice a day. If green Copperas be used, two pound must be put to one pound of Allum. When the sore is dressed, it must be tented as aforesaid if need require, and lay on a cloth still wet in the said water. As the water comes hot from the fire, put in one spoonful of the said powder by degrees.

A special Medicine for a Loosness.

BUrn three Nutmegs to ashes in the flame of a wax Candle, and when they are thorowly burnt, rub them to powder, and mix it with the like quantity of Bean flower and Cinamon finely beaten & searsed; then make up into a paste with the white of an Egg, and a little red Wine, and make the paste into small round pills fit for swallowing, and dry them hard by a clean fire, and when you take them, drink a little red wine after it.

For an Uncomb or sore Finger.

SHred one handful of Smallage very small, and put to it one spoonful of Honey, the yolk of an Egg, and a little Wheat flower to make it thick; then

spread it on a cloth, and lay it to the sore twice a day.

For the same in young Children, or any other in the Beginning.

TAke Celandine, and bruise it well between your hands, and bind it to your Navil, and the soles of your feet, change it once in twenty hours till they be well.

A Medicine for the Purples proved.

TAke Purple silk, and shred it as small as you can, and put it into a spoon, and put a little Ale or Beer unto it lukewarm, and so take it, and drink after it a little; and so do five mornings together, and fast an hour after it.

Dr. Twines *Almond Milk.*

TAke a pot of water when it is boyled, and stood to be clear, then boyl therein Violet leaves, Strawberries the whole herb with the root, of each a pretty handful, a good root of Sorrel, all well washed, a cruft of white bread, Raisins of the Sun stoned two ounces, boyl all these from a pottle

pottle to a quart, and with fifty Almonds blanched, and thirty Pompion Kernels, all well beaten, draw an Almond Milk, ſweetned with good Sugar to your liking, and drink a good draught thereof morning and evening towards the quantity of a pint.

Dr. Blackſmith's *Almond Milk.*

TAke of the roots of Ruſcus Gramen, Sparagus, and Succory, each three drams, Barley prepared half a handful, of the leaves of Mallows, Violets, five leaved Graſs, Strawberries, Borage, Bugloſs, Maidenhair, of each half a handful, ſliced Liquoriſh two drams: boyl all theſe in three pints of fair running water to a quart or leſs: then take the weight of a French Crown of the Kernels of each of the three cold ſeeds, and beat them with a few Almonds, and white Roſe-water and Sugar, and make Almond Milk.

Dr. Atkin's *excellent Receipt of Almond Milk to cool and cleanſe the Kidneys.*

TAke a pint and a quarter of Barley water, and in that boyl Althea, Iringus, Gramen and Sparagus roots, each a French

Crowns weight, Strawberries and five leaved Grass, both Leaves and Roots, each a few; boil them till the Barley-water be but a pint, then strain out the Barley-water, and take a French Crowns weight apiece of the four cold seeds, and peel off the husks, then beat the seeds with Almonds, and strain them forth together with the Barley-water, and put to it a little Rose-water and Sugar, and make it an Almond Milk.

A Receipt for the Stone.

TAke a gallon of new Milk, wild Tyme, Sassafras, Pellitory of the wall, Philipendula roots, Saxifrage, of each one handful, Parsley leaves two handfuls, three or four Radish roots, and as many Parsley roots, Anniseeds one ounce; cut and slit the roots, bruise the herbs and seeds, and put them to infuse in the milk a whole night, the next morning distil it in a Rose Distillatory. Take ten or twelve spoonfuls of the water, and as much White or Rhenish Wine, a little Sugar, and a sliced Nutmeg. It is very good every full and change of the Moon to take morning and evening, to prevent sickness, and at any time if need require.

For

For the Green Sickness.

TAke Aloes and Rhubarb of each four ounces finely beaten and searsed, prepared Steel four drams; mix these together with Claret Wine, and make them into twenty seven pills, and take every morning three of them, using exercise till all be gone; and drink after them at each time a glass of Claret Wine.

For any sore Breasts or Paps.

TAke a pottle of running water, Sage two good handfuls small minced, and a quantity of Oat-meal-greats small beaten; boil all these to the thickness of white bread dough, but let it not burn to; then put to it three spoonfuls of Honey, and a little Saffron; stir it well together, and boyl it to a quart somewhat stiff. This Pultess will break and heal it soon, and draw away the pain without breaking. It will cure any sore Breast or Pap, if it be not a Canker or Fistula.

A Syrup lasting many years, good for Swounding and Faintness of Heart, it comforteth the weak Brain and Sinews, it may be used as much as half a nut at once at your pleasure.

TAke Borage, Bugloss, white Endive one little handful, of Rosemary-flowers, Tyme, Hysop, Winter Savory, of each one little handful; break these between your hands, and seethe them in three quarts of water, to three pints, then strain it, and put to it a pint of good Malmsey, one ounce of whole Cloves, powder of Cinamon half an ounce, powder of Ginger a quarter of an ounce, one Nutmeg in powder, Sugar half a pound or more, let them seethe upon a soft fire, well stirred for burning to, until it come to the thickness of honey: then take it up, and let it cool, and put it in pots or glasses at your pleasure. Prescribed by Doctor *Twine*.

An approved Medicine for a Woman in Labor to make come, and prove safe Deliverance.

TAke powder of Cinamon one dram, powder of Amber half a dram finely beaten,

beaten, mingle it with eight spoonfuls of Claret Wine, and so let her drink it.

To know how much Bezar Stone must be taken when one is heart sick.

TAke Bezar stone the weight of three Barley corns, or five at a time, once in six or ten hours, and give it in a spoon with Carduus, Bean water, Borage, or Bugloss, Ale or Beer.

Dr. Stephen's *excellent Water, wherewith he cured many Diseases following.*

TAke one gallon of Gascoign Wine, Ginger, Galingal, Camomile, Nutmegs, Grains of Paradise, Cloves, Aniseeds, Caroway seeds, of each one dram; then take Sage, Mint, red Roses, Tyme, Pellitory, Rosemary, Pennyroyal, Montanum, Cammomile, Babin, Harts-tongue, Lavender, Avance, of each a handful; bray the spices small, and let it stand so twelve hours, stirring it divers times; then still it in a Limbeck, and keep the first by it self, for it is best; then will there come a second water which is good, but not so good as the first, for it is fainter. The virtues of this water

is,

is, to comfort the vital Spirit greatly, and preſerve the youth of man or woman, and helps the inward diſeaſes that come of cold, helpeth the ſhaking of the Palſie, & cureth contractions of ſinews: it ſtrengtheneth the Marrow in the bones, it helpeth the conception of women that are barren, it killeth worms in the body, and cureth the cold Gout and Tooth-ach, and it helpeth the Stone in the Bladder, and the pain in the Reins of the Back, and will make one ſeem young a long time: One ſpoonful of this *Aqua vitæ* ſhall do more good to a man that is ſick, than four ſpoonfuls of any others; and this *Aqua vitæ* ſhall be better if it ſtand in the Sun all Summer long.

For the Falling Sickneſs.

TAke half a Peck of Peony roots, cleanſe, rub, waſh, and ſtamp them, and as you ſtamp them put in Sherry Sack; let them be beaten very ſmall, and then put to them a pottle of Sherry Sack; ſtir all well together, and let it ſtand cloſe covered twenty four hours, then pour off the cleareſt into bottles, and take thereof a little draught every change of the Moon, for three mornings, one morning after another.

A Puiteſs to break a Bile or Impoſthume.

TAke Sorrel one handful, twelve figs quartered, half a pint of Sorrel juyce; boil and break theſe together till it be very tender, and put to it ſome Wheat-flower, and when it is well boiled, put to it a good piece of butter, and lay it warm to the place twice a day, till it be drawn enough.

A Remedy for Worms in Children.

TAke one ſpoonful of juyce of Lemons, powdered Saffron half a ſcruple, and a little Sugar; and give this ſame quantity to the Patient three mornings together.

For Worms. Dr. Wetherborn.

TAke Rhubarb one dram, Wormwood half a dram, Coralline one ſcruple, Currans one good handful; beat them all to a Conſerve, and mix it with Syrup of Violets to an Electuary, and give a child the quantity of a Walnut thereof every other morning faſting.

An

An Oyntment to heal any Bruise or Wound.

TAke Sage, Self-heal, Smallage, Sothernwood, Plantain, Tyme, Ribwort, Rue, Parsley, Marigold leaves, Mercury, Wormwood, Betony, Scabious, Valerian, Comfrey, Lions-tongue, Buck-horn, of each one handful, wash them clean, and put them into a Sieve to drain all night, and when they are dry, chop them very small, and put to them two pounds of unwashed Butter well beaten, then boyl it till half be consumed, then strain it into the pot you mean to keep it in. It is also good for swollen breasts. *May* is the best time to make it in.

For a Bruise in a Womans Breast that is hard swollen.

TAke Woodlice, and dry them between papers before the fire, and make them into fine powder, whereof take as much as will lie on a threepence in a spoonful of Grout Ale: do thus first and last for three weeks together, and after you may take twice a week, till you find the breast well. But you must be sure to keep a white Cotton fryed in Goose grease to it constantly, though

though you leave taking the said powder, until you find the breast cured. This hath cured the breasts that should have been cut off.

A Medicine for a Child that cannot hold his or her water.

TAke the Navil-string of a child which is ready to fall from him, dry it and beat it to powder, and give it to the Patient child Male or Female in two spoonfuls of small Beer to drink fasting in the morning.

A. R. C.

SHred two handfuls of Rosemaryflowers, and boil them in a quarter of a pint of *Aqua vitæ* a little together. At night when you go to bed, and in the morning, you must have two little pieces of white Cotton, and take some of this liquour, and set it on the embers in a dish, and put in one of the pieces of Cotton, and when it is hot wring out the liquor, and lay it to the grief. Do thus three times evening and morning, keeping the last piece of Cotton to the grief all night, and so all day.

An

An Electuary for the Liver.

TAke Cichory Roots, wash and rub them very dry in a cloth, then slit them, and take out their pith, and cut them in small pieces; of these roots thus ordered take eight ounces, and beat them small in a Mortar, and put to them two ounces of Currans well washed, and dry rubbed in a cloth, and beat them well together; put one ounce of the best grated Rhubarb, and half a pound of double refined Sugar beaten to powder, and beat all well together in the Mortar to the consistence of a wel-formed Electuary, and keep it in a Galley-pot for your use close covered. Take as much thereof as a walnut in the morning fasting, and as much at four a clock in the afternoon.

A Purging Ale for the Liver.

TAke Scurvey grass six handfuls, Brooklime, Water-cresses, of each three handfuls, Agrimony, Speed-well, Liverwort, of each two handfuls, Fennel and Parsley roots, of each three ounces, Horse-radish two ounces, Monks Rhubarb one pound, all well picked, washed and brui

sed;

sed; then put to them Sena five ounces, Polypody of the Oak four ounces, Nutmegs bruised two ounces, Fennil-seed bruised one ounce, Liquorish slit and bruised two ounces, Sassafras cut small three ounces: put all these in a bag or boulter, and hang it in five or six gallons of second Ale, and after five days infusion drink thereof half a pint every morning fasting, and walk upon it.

A Medicine for the Stone.

TAke the Pulp of Cassia Fistula newly drawn one ounce and a half, Rhubarb in powder one dram & a half, Venice Turpentine seven drams, Liquorish half a dram, Species of Diatragacanthum Frigidum one scruple; mix them well together with a sufficient quantity of Marsh-mallows, and take thereof in the morning fasting the quantity of a Walnut, and drink after it a good draught of Posset-drink; use it three mornings at every new Moon.

For the Whites and Heats in the Back.

TAke three or four Nutmegs, & put them into the middle of a brown loaf, set it in

in an Oven, and when it is baked take out the Nutmegs, and every morning for nine days one after another beat the white of a new laid Egg to water, then put to it of Plantain and red Rosewater, of each four spoonfuls, and grate into it some of the said Nutmegs, and sweeten it with a little Sugar, and drink it off.

Syrup of Ale for the same Disease.

TAke a gallon of new Ale-wort of the first tunning, and hang it over the clear fire in an iron pot, and scum it till no more will rise, and when it is boyled to a pint, take it off, & put it into an earthen pot with a cover, and take a little thereof on a Penknives point every morning and evening.

An excellent artifical Balsom.

TAke Conduit water and Oyl Olive, of each one quart, Turpentine four ounces, liquid Storax six ounces, put them in a Bason, & let them stand together all night; the next day melt half a pound of Bees wax on the fire, and put to it Rosemary, Bays, and sweet Marjoram, of each one handful shred small, and also Dragons blood,

blood, and Mummey of each one ounce made small, and let them boyl in the wax a while: then put into the Bason Oyl of Saint Johns-wort and Rose-water, of each two ounces, and boil it together a little more, then put in some natural Balsom and red Sanders pulverised, and let it Boil a little, then strain it into a Bason, and when it is cold make a hole in it with a knife to let out the water, and so dissolve it on the fire, and put it up for your use.

The Vertues and Operations of this Balsom are,

1. It is good to cure any wound inward; if inward, squirt it in, or apply it with a tent; if outward, anoint the place.

2. It healeth any burning or scalding, bruise or cut, being therewith anointed, and a linnen cloth or lint dipped therein laid to the place warm.

3. It takes away any pain or grief that comes of cold and moisture in the bones or sinews, anointing the place grieved with this Oyl heated, and a warm cloth laid on it.

4. It cureth the headach only anointing the temples and nostrils therewith.

5. It

5. It is good for the Wind Cholick, or Stich in the ſide, applied thereunto warm with hot clothes four mornings together, every morning a quarter of an ounce.

And many other cures it doth, *&c.*

To make Green Oyntment.

TAke Rue and Sage of each one pound, Bay leaves and Wormwood of each half a pound, Melilot, the Herb and Flowers of Cammomile, Spike, Roſemary, Red-Roſe leaves, Saint Johns wort, and Dill, of each one handful; chop them firſt very ſmal then ſtamp them, and put thereto the like weight of Sheeps Suet chopt very ſmall, & ſtamp them all in a ſtone mortar to one ſubſtance, that all be green & no ſuet appear. Then put it into a large earthen pan, and pour on it five pints of pure and ſweet Oyl Olive, and work them together with your hands to one ſubſtance; then cover the pan with paſte cloſe, that no air enter, and let it ſtand ſeven days; then open it, and put it in a freſh pan, and ſet it on a ſoft fire, always ſtirring it till the herbs begin to grow parched; then ſtrain it into a freſh pan, to which put the Oyls of Roſes, Cammomile, white Lillies, Spike, and Violets, of each one

ounce

ounce, ſtir them well together, and keep it in a glaſs cloſe ſtopt for your uſe.

An Electuary for the Paſſion of the Heart.

TAke Damask Roſes half blown, cut off their whites, and ſtamp them very fine, and ſtrain out the juyce very ſtrong; moiſten it in the ſtamping with a little Damask Roſe-water, then put thereto fine powder Sugar, and boyl it gently to a thin Syrup; then take the powders of Amber, Pearl, and Rubies, of each half a dram, Ambergreece one ſcruple, and mingle them with the ſaid Syrup till it be ſomewhat thick, and take a little thereof on a knives point morning and evening.

A Drink for a Hot Fever.

TAke Sping-water and red Roſe-water of each one pint and a half, the juyce of three Lemons, and white Sugarcandy one ounce, and mix them together, and give the Patient thereof ſix or eight ſpoonfuls at a time often in a day and night, until the unnatural heat be extinguiſhed.

For

For the Cholick.

TAke equal portions of Hony and Wine, put them on a fire, and put thereto ground Wheat-meal, and a pretty quantity of bruiſed Cummin-ſeeds, and as much Sorrel; boil all together for a pretty while, then put them into a linnen bag, and apply it to the belly as a plaiſter. Or take a pretty bundle of Tyme, and boyl it with a little ſlice of Ginger in a pint of Malmſey, till the third part be waſted, and drink thereof as warm as you can.

For ſtopping of the Urine.

TAke the ſhells of quick Snails, waſh them and dry them clean, and beat them into fine powder; whereof take a pretty quantity in white Wine, or thin broth.

For the Stone in the Kidneys.

TAke a pottle of new Ale, and as much Rheniſh wine, & put into it two whole Lemmons ſliced with the peels and all, and put to them one Nutmeg beaten, and

and two handfuls of Scurvey-grass beaten and strained into the Ale, and half a penniworth of grains of Paradise bruised; put all together in a little stand with a cover, and after three days drink of it with a taste. It is also good against the wind Cholick, proceeding from the Stone.

To make Hair grow thick.

TAke three spoonfuls of Honey, and a good handful of Vine sprigs that twist like Wire, and beat them well, and strain their juyce into the Honey, and anoint the bald places therewith.

For the Rheum or Cough in the Stomach.

TAke a pint of Malmsey or Muscadine, and boyl it in five ounces of Sugar-candy till it come to a Syrup, and in the latter end of the boiling put to it five spoonfuls of Horehound distilled water, and so suck it from a Liquorish stick bruised at the end. Use this only to bedward.

For

For the Sciatica.

TAke a pound of yellow Wax, six spoonfuls of the juyce of Marjoram, and red Sage, two spoonfuls of the juyce of Onions, of Anniseeds, Cloves, Frankincense, Mace and Nutmegs, of each one pennyworth, and as much Turpentine; boyl these together to the consistence of a salve, and so apply it.

For the Piles.

ROste quick Snails in their shells, pick out their meat with a pin, and beat them in a Mortar with some powder of Pepper to a salve; then take the dried root of Pilewort in powder, and strew it thin on the Plaister, and apply it as hot as you can suffer it.

To procure sleep.

CHop Camomile and crumbs of brown bread small, and boil them with White-wine Vinegar; stir it well, and spread it on a cloth, and binde it to the soles of the feet as hot as you can suffer it. You may add

to

to it dried red Rose leaves, or red Rose cakes with some red Rose water, and let it heat till it be thick, and bind some of it to the Temples, and some to the soles of the Feet.

A good Purge.

TAke Diacatholicon and Syrup of Roses Laxative, of each one ounce, mix them well together in a peny pot of white Wine; and drink it warm early in the morning. This purgeth Choler, Phlegm, and all manner of watry humours.

For a Fellon in a Joynt.

DRy Bay salt, and beat it into powder, and mix it with the yolk of an Egg, and apply it to the grieved place in the beginning, before the Fellon be broken: but if it be first broken, then take the juyce of Groundsel, the yolk of an Egg, a little Honey, and Rye flower; mix them well together, and so apply it.

To heal a fresh Wound with speed.

TAke the leaves of Columbine, Nettles, Plantain, Ribwort, wild Tarras, Wormwood, red Roses, Betony, Violets of each one handful; wash them clean, and beat them well with the white of an Egg, and strain out the juyce through a cloth, to which juyce put the quantity of two Wallnuts of Honey, and half an ounce of Frankincense; stir them well together, and put it in a box, and use it Plaister-wise. Or take Rosin, Wax, fresh Butter, Barrows-grease well tried, of each a little quantity, Oyl them well, and put it in a bason of cold water, and work it with your hands into little rolls, spread it on a cloth, and apply it. If the wound be deep, tent it with lint.

For the pricking of a Needle or Thorn.

TAke boulted Wheat-flower, and temper it with red Wine, boil them together to the thickness of a Salve, and lay it on so hot as you can suffer it. This will open the hole, draw out the filth, and ease the pain.

For

For to kill a Corn.

TAke the bigneſs of a Walnut of Ale-yeaſt that is hard, and ſticks to the tub ſide; put to it a little dried ſalt finely powdered; work them well together, and put it in a cloſe box; make a plaiſter of ſome of it, and bind it to the Corn.

For Bruiſes, Swellings, Broken bones.

TAke Brooklime, Chickweed, Mallows, Smallage, Groundſel, of each one handful; ſtamp them with a little ſheeps tallow, ſwines greaſe, and Copin; put thereto wine dregs, and a little wheat bran, ſtir them well together over the fire till they be hot, ſo apply it to the place grieved.

For Burning or Scalding.

TAke Gooſe dung, and the middle bark of an Elder-tree, fry them in *May*-butter, ſtrain them, and therewith anoint the burnt or ſcalded place.

To help Deafneſs.

TAke a piece of Rye dough the bigneſs of an Egg, and of that faſhion, bake it dry in an oven, cut off the end, and with a knife cut out the paſt and make it hollow, then put into it a little Aqua Compoſita, and ſtir it, and ſo hot as you can endure it, apply it to the deaf ear till it be cold; you muſt keep your head very warm. If both ears be grieved, make two of them, and uſe thoſe three times.

For the Chollick.

TAke half a ſheet of white paper, anoint it all over with Oyl Olive, and ſtrew thereon groſs Pepper, and ſo lay it to the belly from the navil downward.

For the Yellow Jaundies.

TAke Pimpinel, Groundſel, Shebroom with the tops, of each one handful; boyl them in a quart of Ale till half be conſumed, then divide it into three draughts, and take it morning and evening.

For

For the Bloody Flux.

TAke Bean flower, mingle it with Malmsey, and make a paste thereof, and bake it in an oven like a Cake, but not too hard, and lay it upon the navil of the belly as hot as can be suffered, and wet all over with Malmsey, and keep it warm. It will help in three dayes.

A Drink to drive the Plague from the Heart.

Take a great Onion, cut off the top of it, and take out so much of the core as the bigness of a walnut, which hole fill up with Treacle, put on the top again and wrap the Onion in a piece of brown or gray paper, rost it throughly, and peel it, and trim it finely, and put it in a clean linnen cloth, and strain it hard into three porringers, and drink the juyce so strained out: For it hath been found most excellent by often proof, not only for the expulsion of the Plague, but also for the eradicating of all Poison and Venome.

The only Receipt against the Plague.

TAke three pints of Muskadine, and boil therein a handful of Sage, and a handful of Rue, until a pint be wasted; then strain it, and set it on the fire again; then put thereto a pennyworth of long Pepper, half an ounce of Nutmegs, all beaten together; then let it boil a little, and put thereto three pennyworth of Treacle, and a quarter of the best *Angelica* water you can get: Keep this as your life above all worldly Treasure. Take of it always warm both morning and evening a spoonful or two, if you be already infected, and sweat thereupon; if not, a spoonful in the morning, and half a spoonful at evening in all the Plague time. Under God trust to this; for there was neither Man, Woman, nor Child by this deceived.

This is not only for the Common Plague, which is called the Sickness; but for the Small Pox, Measles, and Surfeits, and divers other Diseases.

A good Almond Milk for the Bloody Flux.

TAke Mutton, and boyl it in fair water, and ſcum it very clean; then put to it a handful of Borage leaves, as much Prunes, ſome Cinnamon and whole Mace, the upper cruſt of a Manchet; boyl all theſe well till their ſtrength be gone into the broth, then ſtrain it thorow a Cullender; then take Jordan Almonds, and parch them as you do peaſe, & let them boil two or three walms, then ſtrain them thorow a cloth, and ſeaſon it well with Sugar, and a little Salt, and let the Patient drink thereof at all times of the day. It is very medicinal.

To take Fiſh by Angling.

TAke Aſſa Fetida, Camphire, *Aqua vitæ*, and Oyl Olive; bray them together till they come to a ſoft Oyntment; then box it, and anoint your baits therewith.

For an Ache or Swelling.

TAke Oatmeal, Sheeps ſuet, and black Soap, of each four ounces, boil them in water till they be thick, make a plaiſter

of it, and apply it to the grieved place hot.

For a Childs Navil that comes out with much crying

TAke Wax as it comes from the Bee-hive, let it not be altered, but only ſtrained from the Honey; then melt ſome of it in a Sawcer, and dip ſome black ſheeps wooll in it, and binde it to the Navil.

For Womens ſore Paps or Breaſts.

TAke Bean flowers two handfuls, Wheaten Bran, and powder of Fenugreek, of each one handful, one pound of white Wine Vinegar, three ſpoonfuls of Honey, three yolks of Eggs; boyl all till they be very thick, and lay it warm to the Breaſt. This will both break and heal it. Cruſh out the matter when you change the plaiſter. Or take Oyl of Roſes, Bean flower, and the yolk of an Egg with a little Vinegar, ſet it on the fire till it be luke warm, and no more, then with a feather anoint the ſore places.

For an Ague in Womens Breasts.

TAke the leaves of Hemlock, fry them in fresh Butter, and as hot as may be suffered apply it to the Breasts, and lay a warm white Cotton on it, and in short time it will drive the Ague out of them.

To draw Rheum from the Eyes back into the Neck.

TAke twenty Cantharides, cut off their heads and wings, and beat their bodies into small powder, which put in a little linnen bag, and steep it all night in *Aqua vitæ* or Vinegar, and lay it to the nape of the neck, and it will draw some blisters, which clip off, and apply to them an Ivy or Cabbage leaf, and it will draw the Rheum from the eyes. Or roast an Egg hard, cut it in half, and take out the yolk, and fill either side with beaten Cummin-seed, and apply it hot to the nape of the Neck.

For a Canker in the mouth.

TAke a pint of strong Vinegar, Roach-Allum the bigness of a Walnut, as

much Engliſh Honey as will ſweeten it, and boil it in a skillet, put it up in a cloſe ſtopt glaſs, warm a little of it in a ſawcer, and therewith waſh the mouth often, and lay ſome lint wet in the ſame warm liquor upon the places.

To make a ſweet Breath.

TAke the dried flowers and tops of Roſemary, Sugarcandy, Cloves, Mace and Cinamon, of each a like quantity, dried and beaten into fine powder; then take a new laid Egg, and put of the powder into the Egg, and ſup it off faſting in a morning; do ſo ſeven days one after another, and it will ſweeten the breath.

For an old ſore Leg.

TAke the whiteſt hard Soap you can get, ſcrape a quantity thereof into a ſawcer, and put to it ſome Deer ſuet, and boyl them on the fire, then ſpread it on a clean linnen cloth, and lay it to the ſore morning and evening, and in a ſhort time it will heal.

For

For a Stich in the Side.

TAke a piece of white leavened bread, and toſte it on both ſides, then ſpread one ſide thereof with the beſt Treacle you can get, and cover it with a fine linnen cloth, and ſo lay it to the grieved place.

A moſt excellent Salve for a Wound.

TAke a good quantity of the tops of Maiden or unſet Hyſop, ſhred them ſmall, & beat them very ſmall in a Mortar; then take Oyl Olive and clarified Honey, of each one ſpoonful, put thereto half a handful of Wheat flower, compound them together cold, and make it up into a fine Salve, which uſe to the purpoſe aforeſaid.

A Pulteſs to ripen any Bile or Impoſthume.

TAke a Lilly-root and roſte it in the Embers in a brown paper; then take Figs and pound them ſmall, and Fenugreek and Linſeed of each a like quantity: when the Lilly-root is roſted, pound it very well; then boyl all there in new milk from the Cow, till it be ſo thick that a ſpoon may ſtand

ſtand upright in it, and ſtir it always in the boiling, and put to it ſome Barrows greaſe, and apply it to the place grieved.

To encreaſe Womens Milk.

TAke Fennel-ſeeds bruiſed, and boil them well in Barley water, whereof let wet Nurſes and ſuckling women drink very often, in Winter warm, in Summer cold; and let them beware of drinking much ſtrong Beer, Ale, or Wine, for they are hot, and great driers up of Milk; and ſo are all Spices, and too much Salt or ſalt-meat.

To keep Iron from Ruſting.

TAke Lead filed very ſmall, and put ſo much Oyl Olive upon it as will cover it in a pot; then make your Iron very clean firſt, and anoint the Iron with the ſaid Oyl, after it hath ſtood nine days, and it will never ruſt.

To make Golden Colour without Gold.

TAke the juyce of Saffron flowers when they are freſh on the ground; but if you

you cannot get them, then take Saffron dried and powdered, and put to it yellow and glistering Auripigment, that is scaly, and with the Gall of a Hare, or Pike fish, which is better, mix them together; then put them in a glass Phial close stopped, which set in a warm dunghil for certain days, then take it out, and keep it for your use.

To make Golden Letters without Gold.

TAke Auripigment one ounce, fine Crystal one ounce; beat them to powder severally; then mix them, and temper them with the whites of eggs, and so write with it.

To make Silver Letters without Silver.

TAke Tin one ounce, Quicksilver two ounces, melt them together, then beat them well with Gum-water, and so write with it.

To make the Face fair.

TAke fresh Bean-blossoms, and distil them in a Limbeck, and with the water wash your face.

A Wound Drink.

TAke Southernwood, Wormwood, Bugle, Mugwort, White Bottle, Sanicle, Plantane, Dandelion, Cinquefoil, Ribwort Wood Betony, Clary roots, Avens called herb Benet, Hathorn buds, Agrimony, Oak leaves and buds, Bramble buds, wild Angelica, Mints, Scabious, Strawberry leaves, Violet leaves, Comfrey, of each twenty handfuls; gather them in *May*, and dry them in a room without much fire; turn them often, that they may not become musty; and when they are dry, put them up in Canvas bags severally. Then take of these several hearbs so dried, of each three handfuls, and put them into two quarts of running water, & one quart of white wine, boil them to three pints, strain the liquor from the herbs, and put thereto one pint of Honey, which boil again, taking away the froth; then strain it, and keep it in a glass bottle close stopped, & take thereof in the morning fasting, and at night last, two or three spoonfuls at one time. This water will not continue good above three or four weeks at the most. It cureth old sores, green wounds, Impost-humes, Fistulas, and stencheth bleeding.

Tent

Tent no wound, but ſearch and cleanſe it with a tent, and cover the place with a clean cloth. During the cure, the Patient muſt keep a ſpare diet, and abſtain from wine and ſtrong drink.

For Worms in Children.

TAke three pound of Prunes, Sena one ounce and a half, ſweet Fennel-ſeed one ounce and a half, Rhubarb half an ounce, tie all theſe in a bag with a ſtone to it, and put them into a great quantity of water; then put the Prunes on the top, and let it ſtew ſix or ſeven hours, till the liquor be even with the Prunes; ſo drink of the liquor two or three ſpoonfuls, and eat of the Prunes in the morning faſting, and at four a clock in the afternoon.

A green Salve.

TAke one pound of Butter, Bees-wax five ounces, Roſin one pound and a half, Frankincenſe four ounces, Oyl of Bays two ounces, Deer ſuet one ounce and a half, Verdigreeſe one ounce and a half, boyl the butter a little, then boil the Wax in it, and ſtir it now and then, take it off the fire, put in

in the Oyl of Bays, ſet it on the fire again then put in the Deer ſuet, and let it boil one walm, for if it have more it will turn black; and when it is off the fire, put in the Verde-greeſe powdered, then ſtrain it into pots, and keep it for your uſe.

A Receipt for the Kings Evil, Fiſtula, ſore Breaſts, Legs, or other ſores.

TAke Samnil, Agrimony, Avens, wild Bugle, red Dandelyon, wood Betony, Ribwort, wild Clary roots and leaves, Mugwort, Plantain, Wormwood, & Bugle, beaten and bruiſed, of each two handfuls; boil them in ſix quarts of White-wine until their vertue be extracted very ſoftly, then with your hand ſqeeze all the juyce out of them into the Wine, then ſtrain the liquor out, and ſet it on the fire, and clarifie it with ſo much Honey as will make it dainty, pleaſant, and not ſharp; then let it boil a little more, and when it is cold put it in bottles cloſe ſtopped, and it will laſt a year, whereof give the Patient ſix ſpoonfuls at a time, in the morning faſting, and at four a clock in the afternoon.

To

To ease Womens Child-bed throws that are taken with cold a week or two after their Delivery.

TAke one or two spoonfuls of Oyl of sweet Almonds newly drawn, either in Posset-drink, or in a Caudle warm, morning and evening, it will help.

For Womens sounding fits after Delivery of Child.

TAke the powder of white Amber as much as will lie on a three pence, and give it in Mace Ale warm.

An approved Medicine to speed a Womans Delivery in difficult Travel, and to send out the after-burthen safely.

TAke Cinnamon two drams and a half, one dram and a half of white Amber, Myrrhe two scruples, Castoreum one scruple, Borax half a scruple, Saffron five grains, powder and mix them, whereof give one dram at a time in white Wine and Sugar, and sweat after it. This hath been often tried with much good success.

An

An approved Medicine for the Megrim.

TAke one ſpoonful and a half of the white of an Egg beaten very clear, white Wine vinegar one ſpoonful, of Pepper and Frankincenſe, of each two drams powdered, and one ſpoonful of Honey; mix them with ſo much Wheat flower as will make it into paſte, whereof make two plaiſters, and lay them to the temples of the head, and change it duly every morning and evening.

For to eaſe Head pain.

TAke red Roſe leaves dried, mix them with Wheat flower, Vinegar, Oyl of Roſes, and ſome Houſleek, boil them till they be thick, ſpread it on a linnen cloth, and lay it to the forehead and temples, and it will eaſe the pain.

To cure a Shock Dog that hath the Mangie.

TAke four ounces of Tar, mix it with ſome freſh greaſe, ſo as it may run; then put to it ſome Brimſtone powder, half

a

a spoonful of Gunpowder powder'd, and two spoonfuls of Honey; mix them well, and therewith anoint the dog; in the Summer time tye him in the hot sun, that the Ointment may soak into him; in the Winter time lay him on thick fresh hay, and there keep him that the heat of his body may heat and melt it. Thrice dressing will cure him.

Doctor Goffe's *Receipt to preserve a Woman with child from miscarrying and abortion.*

TAke a fillet of Beef half roasted hot from the fire, then take half a pint of Muskadine, Sugar, Cinnamon, Ginger, Cloves, Mace, Grains of Paradise and Nutmegs, of each half a dram, and make thereof a Sawce; then divide the Beef into two pieces, and wet them in the Sawce, and bind the one piece to the bottom of the womans belly, and the other to the reins of the back, as hot as may be suffered, and keep them on twenty four hours at the least, and longer if need be thereof.

For

For any pain in the Stomach.

CUt a piece of new Scarlet in the ſhape of a Heart, put it in a pewter diſh, and wet it with the ſtrongeſt Cinamon or Worm-wood water; then ſet it on a Chafing-diſh of coal, and cover it cloſe; and when it is dry wet it again, which do ſo often until the ſcent of the hot water be ſtrong in it, and lay it very hot to the ſtomach, and renew it once or twice in a week.

For the Wind in the Veins.

TAke powder of Liquoriſh, Caroway-ſeed and Sugarcandy beaten ſmall, of each an equal quantity to your taſte, to which put Rhubarb in powder a third part or more, with as much cream of Tartar pulverized; put it in a box, and keep it in your pocket, and eat as much of it as will lie on a ſix pence, twice or thrice in a day for a week together. This will gently purge you, cool the blood, and expel the wind out of the Veins. This hath holpen thoſe that have not been able to go.

An excellent Cere-cloth for a Bruise, Strain, or Wound.

TAke one pint of Oyl Olive, red Lead eight ounces, Virgins Wax four ounces, Oyntment of Populeon four ounces, the Oyls of Roses and Cammomile of each one ounce; set the Oyl on the fire, then melt the Wax in it, then put in the Populeon and Oyls, and when all are molten put in the red Lead; stir them well together, and let it boyl till it be black; then dip in your clothes, and apply them to the places ill affected.

Mr. Lumley *Chirurgeon, his Pippin-drink for a Consumption.*

TAke the thick paring of six Pippins, boil them in three pints of Spring-water to a quart, then sweeten it with Sugar-candy, whereof drink the quantity of a Wine glass when you go to bed. In a Fever it is very good with a little syrup of Lemmons.

An

An approved Medicine for the Spleen.

DRink for three mornings together pure Whey, as it comes naturally from the Curd; the first morning two pints, the second morning three pints, the third morning four pints. The best exercise after it is gentle riding.

A rare Balsam.

TAke Venice Turpentine one pound, wash it four times with fair water, and as many times in Damask Rose-water, till it be as white as snow; then take an earthen pot of a gallon, make a hole in the bottom of it, which stop with a cork and a rag, and tie a string about the cork, into which pot put five pints of pure Oyl Olive, and three pints of Spring water, boyl this half a quarter of an hour; then melt eight ounces of yellow Wax in a skillet, which put to the Turpentine in the pot; take it off the fire, and stir them together with a spoon till they be well mingled, then pluck the cork out of the earthen pot, and let out all the water in a platter, and the Oyl and the Turpentine into the Wax in a large ba-

son,

ſon, and ſet them over the fire, ſtirring them well; then pour all out into a large earthen pan, and when it is thorow cold, melt it again on the fire, ſo that it will ſlip out; then pour out the water in the bottom, and melt it again on the fire, ſtirring all well together, and ſo put it up into Gally-pots for your uſe, and you have a moſt excellent Balſam made by decoction, whoſe effects follow.

The Vertues of it.

1. It is good for any inward wound ſquirted warm into it, and outwardly to it on fine Lint, and anointing the place. It alſo preſerveth the wound from inflamation and putrefaction.

2. It heals any bruiſe or cut being firſt anointed therewith, and then a piece of lint dipped in it, and laid to the place.

3. It cures all burnings and ſcaldings.

4. It helps the head-ach, anointing the Noſtrils and Temples therewith.

5. It expelleth the wind Cholick, or ſtitch in the ſide, being anointed and applied four mornings with warm cloths, and every morning bathing it before the fire a quarter of an hour.

6. It helps a Surfeit, taking one ounce thereof in warm Sack.

7. It

7. It preſerveth from the Plague only by anointing the lip and noſtrils therewith, before the party goeth abroad in the morning.

8. It is good againſt Cancers and worms, applied as before for a cut.

9. It helps digeſtion, and keepeth from vermin, if the navil or ſtomach be anointed therewith before the party goeth to bed.

The Operator that made it healed himſelf being ſorely ſcalded.

To cure the Rickets in Children. Approved.

TAke a quart of new Milk, put into it one handful of Sanicle, boil it half away, & give it to the patient Child to drink in the morning for a breakfaſt, and let it not eat any thing for an hour or two after it; and at night take a quart of Milk, and one handful of red Mints, boyl it half away as before, and let the Child eat it laſt at night. This continue for a month, or longer, as occaſion is. This quantity of Milk ſo made will ſerve for twice.

An Unguent to anoint the Ricketted Childes Breaſt.

TAke freſh butter, Sanicle, red Mints, of each one pound, ſtamp the Herbs very ſmall, then mix it with the butter to a perfect unguent, and therewith anoint the childs breaſt every morning and evening before the fire; you muſt anoint it from arm to arm, that it may open the breaſt, and alſo anoint the gullet bones, that they may open, for in this diſeaſe they will ſeem to cloſe.

To anoint the Ricketted Childs Limbs, and to recover it in a ſhort time, though the Child be ſo lame, as to go upon Crutches.

TAke a peck of Garden Snails, and bruiſe them, put them into a courſe Canvas Bag, and hang it up, and ſet a diſh under it to receive the liquour that droppeth from them, wherewith anoint the Child in every Joynt which you perceive to be weak before the fire every morning and evening. This I have known made a Child that was

extream weak to go alone, using it only a weeks time.

A Plaister for an Ague.

TAke strong Leaf Tobacco six drams, Currants a small handful, and as much Bores Grease as will make it into a salve, by beating and stamping together in a mortar of stone; when it is beaten to a salve, take two pieces of sheeps leather, and spread the salve an inch thick on both of them; and lay them upon the veins of both wrists twenty four hours before the fit cometh. This will cure either a quartane or a tertian Ague.

A dainty cooling Drink for a hot Feaver.

TAke French Barley one ounce, boil it first in a quart of fair water a good while, then shift it, and boil it in another quart of water a good while, shift it again, & boil it in a pottle of running spring water to a quart, then take two ounces of sweet Almonds, lay them to soak all night, then stamp & strain them into the last Barley-water; put to it four spoonfuls of Damask

mask Roſe-water, the juyce of one Lemon, and with Sugar ſweeten it to your taſte, drink of this often in the night, or when you are dry or hot.

To clear the Stomach, and comfort it.

TAke a pint of Sherry Sack, put in it two ounces of Jean Treacle, and four ounces of white Sugarcandy, boyl them into a Syrup with a ſoft fire, and take one ſpoonful in the morning faſting.

A Plaiſter for the ſame.

TAke a red Roſe Cake, and toſte the upper ſide of it at the fire, ſtick it thick full of Cloves, and dip it in a little quantity of *Aqua vitæ* and white Wine Vinegar warmed very hot in a chafing-diſh of coals, lay it to the Stomach as hot as can be ſuffered, and bind it faſt on all night.

For a Rupture.

TAke a ſheet of Cap-Paper, wet it in water, and fold it ſo wet, and lay it upon the Rupture, the party lying upon his back, but cloſe up the Rupture firſt with your fingers, and ſo bind it down until it be dry, and then it will hold and grow with the fleſh, you may wear a Truſs upon it if you will.

To procure ſpeedy Deliverance to a Woman in Labour with Child.

TAke a pint of Ale, and boyl it, and put to it a womans Milk to make a Poſſet of it, and let the Woman in Travel drink it; this hath procured eaſie and ſpeedy Deliverance to divers Women in Childbirth.

To cure a great Flux or Looſeneſs of the Belly.

TAke a hard Egg, and peel off the ſhell, and put the ſmaller end of it hot to the Fundament or Arſe-hole, and when that

that is cold, take another ſuch hot, freſh, hard, and peeled Egg, and apply it as aforeſaid.

For to ſtrengthen weak Eyes.
Mr. Stepkins.

TAke one pint of red Roſe-water, Sugarcandy one ounce, Lapis Tutia two drams, both finely pulverized, put them into the Roſe-water, and ſtir them well together, and after it hath ſtood twenty four hours, wet a bit of new clean ſponge in the ſaid water, and waſh the ſore eyes therewith lying backward, and when the water is almoſt ſpent, put into the glaſs more red Roſe-water.

A rare Oyl of Saint Johns Wort.

TAke a quart of Oyl Olive, one pint of White Wine, two handfuls of Saint Johns-wort ſtripped, ſeeds and all, bruiſe them, and put them into the Oyl, and put to it Oyl of Turpentine two ounces; put

all into a great double glaſs cloſe ſtopped, and ſet in the Sun ten days; then put the glaſs, with all that is in it, into a Kettle of water, with ſome Hay or ſtraw in the bottom, and let the water boyl gently for ten or twelve hours, then ſtrain the Herbs from the Oyl, into which Oyl put as much freſh Saint Johns-wort and ſeeds bruiſed, and let it ſtand ten days more in the Sun: this Oyl will be then of a deep red colour, and will laſt ſeven years; it is good to heal any wound, the venemous bitings of Dogs or Serpents, and for Sprains.

A Glyſter for a hot Feaver.

TAke one handful of French Barley, boyl it a while in water till it be red, then pour off the water, and put the Barley into a quart of running water, with Mallow and Strawberry leaves, of each one handful, a few dried Cammomile flowers, and a ſpoonful of Anniſeeds bruiſed; then boyl it half away, and ſtrain it out, put to the liquour a ſawcer of Oyl Olive, and four ounces of brown Sugar, with four ſpoon-

ſpoonfuls of Syrup of Violets, uſe it ſomething more than lukewarm.

An excellent Drink to keep ones Mouth moiſt.

TAke of Roſemary, Cinquefoil, and a ſtick of Liquoriſh bruiſed, ſeeth them in a quart of fair water till half be conſumed, then ſtrain it from the Herbs, and put in Sugarcandy, and let it ſeeth a while again, and then take it off the fire, and let the Patient drink thereof cold or lukewarm.

To ſtay Vomiting.

SEeth a good quantity of Cloves in Ale very well, that it may be ſtrong of the Cloves, then ſweeten it with Sugar, and drink it warm.

An excellent Receipt for Swounding, and bringing quickly to life.

TAke of the common round black Pepper, and bruiſe it a little, and take half a ſheet of white paper, and fold it up together, and between every fold ſtrew ſome of the ſame, and burn the one end thereof in the fire, and hold the other to the Noſtrils, it is very good.

Againſt Fainting.

TAke Amber and ſcrape it, and put it in a ſpoonful of hot broth, and take it in the morning faſting, or at other times when you find your ſelf-faint, and faſt an hour after.

Dr. Lukener's *Medicine to ſtrengthen the back.*

TAke a pottle of fair water, and a Cock-Chicken, then take three French Crowns weight

weight of Sassafras, as much of China-wood, one dram of Orango-roots, one dram of Marsh Mallow roots, scrape and cut all these in small pieces, and put them in a close Pipkin, and paste it fast, that no air come out; and let it stand twenty four hours upon the fire and stew, but never boil; then open the pipkin, and put in one French Crowns weight of Fennil-seed, and red Rose-leaves, Borage, Bugloss, and Rosemary flowers, of each a small quantity, of Prunes and Raisins of the Sun, each a handful, the bottom of a manchet, boyl all these together very well till it come to a pretty thick broth, then strain it, and let the Patient take of this a reasonable draught at eight in the morning, and at four in the afternoon for three days together.

To hold Urine.

TAke the Claws of a Goat, and burn them to powder, and let the sick use hereof in their pottage a spoontul at once, it will help them.

To ſtay a Looſneſs.

TAke Sage, and dry it on the fire between two diſhes, and then put it in a linnen bag, and ſit upon it as hot as you can ſuffer it, and continue it till you finde eaſe.

A ſingular Medicine that the marks of the Small Pox be not ſeen.

TAke a fat piece of Beef being throughly powdered, and boyl it a great while, then take a good quantity of the fatteſt broth, and ſtrain it, and put thereto a quantity of red Roſe water, and beat them well together a good while, and when the Pox begin to itch, anoint two or three times a day herewith till they be clean gone; and when the party is throughly well, let them take the broth of lean powdered Beef, and mingle it with White Wine, and ſo let them waſh their Face therewith, and it ſhall bring it to ſmoothneſs and colour,

as

as it was before; in any wise keep not the throat nor face too hot.

To dry up the Small Pox.

TAke half a pint of new cream, and as much Saffron as will make it of a deep Saffron colour, and boil together half a quarter of an hour, and keep it in a glass, and when the Pox begin to wheal warm some of the Oyntment in a sawcer, and annoint them with a feather twice a day till they be dryed up.

Dr. Eagleſtones *Cure for the Small Pox or Meaſles.*

TAke a quart of Ale or Beer, and ſeeth it in a skillet, and put thereto a good handful of Fennel, and ſix or ſeven figs ſcraped, and cut in pieces, two good ſpoonfuls of Anniſeeds, and a little Saffron, put all theſe to the drink, and let them ſeeth together till the liquour be more than half conſumed, and in the ſeething ſcum it clean, and ſtrain it into a baſon, and when it is cold

cold make a posset of the same Drink, and use to drink this often warm, and it will cause the disease to come forth.

A most excellent Medicine that the Small Pox be not seen in the face.

WHen the Small Pox are cleanly come forth, and that they begin to dry, take Sperma Ceti and warm it in a sawcer, and with a feather anoint all the places oftentimes in the day, as often as it dryeth up, that no point of the Pox or any other spot shall be seen.

To keep the Small Pox out of the throat.

TAke a little Saffron, and dry it by the fire, beat it into powder, and so boyl it with a little Milk, and drink thereof morning and evening, and it is excellent both to keep them out of the Throat, and to bring them kindly out, that they be not within the body to endanger them.

An Oyntment for the Small Pox when they begin to change at top, and to prevent Holes. Proved.

TAke a piece of fat rusty Bacon, and scrape away the outside very pure, then tye it to a spit, and set a Pewter bason with fair water under the same, and let the Bacon drop therein, and when the fat of it is dropped away, then with a spoon beat that and the water together a quarter of an hour, then let it stand till it be thorowly cold, then put the water out, and put the Lard into another dish of fair water, so doing for four times, then after in like sort three times, with red Rose-water, then putting the water from it, being thorowly cleansed put it up in a Gallypot; when you will use it melt it, and with a feather anoint the Face day and night, once in a quarter of an hour, till the Scabs be clean off, and afterwards as long as there remaineth any scurf.

To keep the Small Pox out of the Eyes.

TAke a blade or two of the biggeſt Saffron, and put that and Womans milk together, and ſo let it be half an hour, and then with a feather anoint every quarter of an hour the out and inner ſides of the Eyelids round about as long as it is thought any Pox will come out; this will preſerve the Eyes from all danger: uſe the like to the noſtrils that the breath be not ſtopped.

An excellent one for the Small Pox when they have appeared, and the party taken cold. Approved.

TAke a good handful of Cammomile, and not the flowers but the leaves, then ſeeth the ſame, and make Poſſet drink thereof, and let it taſte very ſtrong of the Cammomile, but take the curd away, then drink a good draught therof very hot four or five times, or as often as need requireth, until the Pox appear again; this is alſo very excellent to ſtay any looſneſs in the body; it

if it should be too bitter, you may put a little sugar in it.

A Medicine to drive out the Small Pox.

TAke of distilled Taragon water eight spoonfuls, and put thereto six grains of Bezar or Unicorns horn, or for want of those two, put so much Saffron, but the other is the better: let it be warm, double the portion as you see cause, taking nothing an hour before, nor an hour after.

Another of the same, and to preserve from being Infected.

TAke a quart of new milk, put thereto half a penny worth of English Saffron powdered, boil it till it be strong and yellow, give thereof a good draught warm in the morning fasting; take it every nine days three mornings together, mixed with Ivory and Harts-horn, of each a small spoonful. Use it as long as you fear Infection.

Dr.

Dr. Stephen's *Salve for the Gout. Proved.*

TAke two pound of Virgins Wax, of Bores greaſe half an ounce, of ſheeps ſuet two ounces, of Neat-foot Oyl two ounces, of Plantain and Roſe-water each two drams, Spike water one dram, of Dragon water half an ounce, as much of Borrage water, and Dr. *Stephen*'s water, two Nutmegs, twelve Cloves, and ſome Mace of the beſt, beat them ſmall together, and put them into a pot, and boil it over a ſoft fire, until it become a Salve; then chafe the place where the party is grieved as hot as he may ſuffer, and then ſpread it on a fine linnen cloth, and lay it upon the place ſix or eight days.

The Counteſs of Mounteagle's *excellent Medicine for the Cramp. Proved.*

TAke a handful of the Herb called Perrywinkle, ſome of it beareth a blue flower, and ſome white, and alſo take a good handful of Roſemary tops, put them into

into a Pewter-dish, and set them upon coals, dry them and turn them very often, and when they are very hot, lay them upon the place that is so taken with the Cramp, and bind a cloth upon them, when you go to bed, and this will help you, take it in the morning, and lay fresh at night.

A Posset Drink for one that is Heart sick to remove it thence, though it be the Plague.

TAke Ale and make Posset drink thereof, and clarifie it, then take Pimpernel, and seeth in it till it be strong of it, and drink often thereof.

Remedies against the Falling Sickness.

TAke Powder of Harts-horn, drink it with Wine, it helpeth that disease: so do Ravens Eggs taken with the juyce of Wild Rue, and the juyce of Misletoe.

To

To avoid Phlegm.

TAke clarified Posset drink, and put thereto sweet Butter, the yolk of an Egge, and a little Small Ginger, Hyssop, red Mints and Sugar, let these seeth all together, drink thereof first and last as warm as you can suffer it.

A very good means to stay a Looseness that happeneth in Childbed.

FIrst in the water you mean to use quench a gad of Steel sundry times, then take inward barks of the Sloe, of the Bramble, and of the young Oak, of each a like quantity, and so much as will suffice according to the liquour you intend to make; if you use three pints of water, a pretty handful of each bark will serve finely scraped; when they are well boiled, that one pint is wasted, strain your liquour, and make it into Almond Milk, with unblanched Almonds finely grown, then with well boiled Ivy thicken your Milk, and other Rice broth, and

and season it with Sugar and Cinamon finely beaten, let the party forbear drink as much as may be, and eat thereof once in two or three hours, a little at once, as her stomach will serve. If she have any gripe in her belly, I wish this to be used, which I know to be singular good for any stoppage by sudden cold in Childbed, Gather a great deal of Cammomile, and heat it well between two Chargers upon a Chafingdish of coals, and when the moisture of the Herb is somewhat spent, strew in a handful of bruised Cummin seed, and sprinkle it now and then with a little Malmsey, and so being a little dryish, put it into a thin bag, and apply it to the belly as hot as may be suffered, and as it cooleth, warm it again, till she have ease; instead of Malmsey you may use Muscadine. This hath been many times proved.

For a knock, or bruise in the Face.

TAke a piece of brown paper, and wet it in Beer, and lay it where the knock is, and as it beginneth to dry, lay on fresh a good while together.

For

For a Wen.

TAke Stone Lime and put it into water, till it have done boyling, then take a quantity of it, and mix it with ſome barrel Soap, laying them both on a cloth, let it be applyed to it, and it will eat away the Wen.

Mr. Potter *Chirurgeon. His Cure for a man that is burſten.*

TAke the roots of baked Fern, and the Roots of Elecampane, of each a like quantity, waſh and pare them clean, cut them as ſmall as you can, and ſtamp them in a Mortar as fine as you can, and temper it with Oyl of Bay, and two ſpoonfuls of Oyl of Exeter, and when you have made the Salve, ſpread it upon his Cod to his Belly, and lay the Plaiſter upon the hole, and remove it every two days, and then for the ſpace of ten days, you muſt uſe another Salve or Plaiſter as followeth. Take a quarter of a pound of

and

and the white of three or four Eggs, and temper them together; and when they are well tempered, put in two ſpoonfuls of Peſcolion, temper all theſe together, and uſe the ſame as you did the former ſalve: when you take off the Plaiſter, you muſt lay fine clothes under the bolſter of the Truſs, until you think the skin be grown.

A Medicine to deſtroy Warts.

TAke Radiſh Root, and ſhred it thin, and put it in a Pewter diſh, and caſt ſalt upon it, and cover it with another diſh, and ſhake the ſlices up and down, and then take a piece thereof, and rub the Warts therewith, then throw away that, and uſe another, ſo three or four times in a day.

To take away Corns.

TAke Hogs greaſe that is not tried, and beat it with a Peſtle, and ſpread it upon a piece of white Cotton on the rugged ſide,

lide, and bind it on the Corns, dreſſing it once or twice a day, and it will wear them away.

To take away Freckles or Morphew.

TAke four ſpoonfuls of *May* dew, and one ſpoonful of the Oyl of Tartar, mingle them together, and waſh the places where the freckles be, and let it dry of it ſelf, it will clear the skin, and take away all foul ſpots.

The Lady Nevil *for a ſore Breaſt, by cold or feſtring of Milk.*

TAke of Beans and Linſeed, of each one little handful, dry them and beat them to powder, then take a quantity of Milk, and the yolk of two new laid Eggs, and boyl them together, then put in the powder of Beans and Linſeed, and boil it to a Poulteſs, and lay it to the breaſt as hot as may be endured, and it will both draw and heal it; dreſs it twice in a day.

Doctor

Doctor Soper *his water for a sore Eye, or any Defect or Decay in the Sight.*

TAke of red, or rather of white Rose water half a pint, Lapis Calaminaris half an ounce, Lapis Lucius as much, beat them both to powder, and finely searse them, the dropping of Dale, Rhenish Wine half a pint, Honey half a spoonful, mix whole Cloves, Plantain water half a quarter of a pint, of the Drug of Aloes as much as a Walnut beaten to powder, and finely searsed, shake them very well together half an hour or more, then let them stand twenty four hours before you begin to use it, stop it close, and it will be good a year; when you use it, you must put in a drop with a quill into the corner of the Eye, and let the party lean back a quarter of an hour; use it morning and evening.

To take a white skin from the Eye that came by some blow, though a quarter of a year since.

TAke the gall of a white Cock Chicken, and a drop or two of Life Honey, mingle them together in a Sawcer on a few embers, and drop it three or four times a day into the Eye.

For breaking out of young Childrens heads.

TAke butter and salt, and fry it together till it be black; and when it is cold, anoint their heads. Or else take pure Sallet Oyl and Vinegar, and beat them together, anoint the place morning and evening till it be whole. Whey made with Agrimony and Scabious, and Wormwood, is excellent to clear the blood.

An

An excellent Medicine for a Scald, or Burn newly done.

TAke Horſe dung newly made, or as new as you can get, and ſtrain it through a thin old cloth, and therewith anoint the place two or three times a day, and every time dip the cloth in the Horſe dung, ſo ſtrain it, and bind it to the Sore all day and night, it will cure you.

The Counteſs of Arundels *Drink for the Scurvey.*

TAke of Fumitory and Scurvey-graſs, that which grows by the Sea-ſide, of each twelve little handfuls, of Brook-lime three little handfuls, of Water-creſſes ſix little handfuls, waſh and dry them very clean, and ſtamp them, and hang them in three gallons of ſtrong Beer or Ale; when it is ſtale, drink a good draught in the morning, faſting an hour after, another an hour before dinner, and another half an hour before you go to bed, the

more exercise you use after it the better, it is needful to be well purged, before you take this drink, or any other, use it three weeks or a month together; if you cannot have green Fumitory, use dry.

Paracelsus *his Plaister called* Emplastrum Fodicatonum Paracelsi, *good for many Diseases herein mentioned; translated out of Latine into English.*

TAke of the four Gums, that is to say, Galbanum, Opoponax, of each one dram, Ammoniacum, and Bdellium, of each two drams, let them be beaten very small, and put them in an earthen pot leaded or glazed, pouring upon the same very good Vinegar of Wine, and let them so remain a day and night, then boil them in the same Vinegar upon a great fire, that the Gums may melt, and when they be throughly melted, pour out the same hot into a bag, wring or press the same, that they may be well cleansed from the dregs, which dregs must be cast away, take the said Liquour so strained out, and let it boil till the Vinegar be wasted, and utterly evaporated;

porated; in the boyling you muſt continually ſtir it without ceaſing, leſt the Gums be burned, keep this very clean and covered, that nothing fall into it, then take Oyl Olive two pound, new Wax half a pound, and let them be put into an earthen pot, well leaded or glazed of a ſufficient bignes, ſet the ſame on a fire of coals, and let them melt at leaſure; at the length put into it a pound and half of Lithargy beaten into very fine powder, ſtirring it continually with a ſtick or ſpatula by little and little, until it be throughly mixt together, & the matter be a tawny colour; afterwards take the aforeſaid Gums that were firſt boyled, and put the quantity of a nut into the ſaid matter, and ſo by little and little at ſeveral times, put into it ſuch like quantity of the Gums at each time, till the Gums be all put in, and mixt well with the other things, and melted. And you muſt take heed withal, leſt the matter be overmuch heated, and boil over and run into the fire, for it is very hot of it ſelf; afterwards put in the things following into it, of the two kinds of Ariſtolochia rotunda, Calaminaris, Myrrhe and Frankincenſe, of each one dram, beat them into fine powder, that are to be made into powder, and put them

into the said matter, and pour on it one dram of oyl of Bayes, and put therein lastly four drams of white Turpentine, boil them and stir them about continually with careful diligence, and when you will know whether it be sufficiently sodden, put a little thereof into cold water, and if it be not so soft that it cleave to your fingers, it is well, otherwise it must boil longer, then take it from the fire, and pour it into a bason full of water, and when it is well cooled, that you may handle it, anoint your hand with oyl of Cammomil or Roses, and knead it well three or four hours, and so lay it up in a cleansed vessel, it will last above fifty years, and be then as good as at the first day it was made.

The Vertue of the Emplaister out of Paracelsus.

IT is good for old or new Sores, it dryeth, cleanseth, and breedeth good flesh, it confirmeth and comforteth, it healeth more in a week, then any other in a month, it will not suffer any sore to putrefie or corrupt, or any dead or evil flesh to grow; for Sinews cut,

cut, bruised, or pricked with a Thorn or otherwise, it is most excellent; it draweth out of Wounds, Iron, Wood or Lead, and other the biting of venemous Beasts; it causeth all kinde of Impostumes or Biles to ripen, if it be laid thereon; and it is most excellent against the Canker and Fistula, the Shingles or Saint *Anthonies* fire; and also a soveraign and speedy help against all pains, to assuage all aches, and for all kinde of wounds; also I *Thom s Potter* have found often by experience, it is singular and special help for bones out of joynt, by laying one or two Plaisters, or three at the most: I have healed in fourteen days Arms out of joynt, so that those parties have said they have had no pain nor weakness after. Also for thrusts you must not tent them, unless they matter before you come to them, but only lay of this over it, and two Plaisters is commonly sufficient to heal it, or any other sore or swelling; but if dead flesh be in a sore before this Plaister be laid on, it will not destroy it, but it must be pluckt out; but if it finde none, it will suffer none to breed. When you lay up this Plaister, put it in oyled paper or oyled leather, or both, it will keep it

the better for over much drying, and you muſt lay it out of the Sun and Wind.

For the biting of a mad Dog, or ſtinging of an Adder.

TAke a handful or more of Hazle-Nuts, a quarter as much of Rue, with a Clove of Garlick, ſtamp all theſe together, then take the juice, and put a little Treacle to it; and it be a man that is ſtung or bitten, give it it him to drink in Beer, or Wine, or Ale; but if a Dog, give it in Milk; then take that from whence the juyce came, and bind it to the place which was bit or ſtung.

For the biting of a Snake.

STamp Garlick, and lay it to the place that is bitten.

Dr. Lukeners, *for one ſtung with Waſps.*

MAke a little Plaiſter of Treacle, and lay it upon the place that is ſo ſtung, and it will help it.

An

An Oyntment for a great or hard Belly, by Ague, Worms, or Spleen.

TAke the fineſt common Wormwood, Garden Tanſey, Featherfew, Lavender Cotton, Southernwood, unſet Leeks, blades and all, pearch leaves, herb Grace, of each one little handful, waſh them and dry them, then take a good pound of Barrows greaſe, and ſtamp all in a wooden diſh, then ſet them eight or nine days in a Sellar, or low place till they have a hoar all over them, then break them all togeather, and put them in an earthen pot, and ſet them on a ſoft fire, and let them boil a good hour, then ſtrain them through a clean cloth into a Gallypot or glaſs, and ſo keep it for a precious Oyntment, it will laſt a year well; when you uſe it, you muſt warm it, and anoint the belly of the Patient morning and evening. Proved by Miſtriſs *Joyce*, Widdow.

The old Lady of Oxfords *Oyl of* Exceſter, *which is good for all manner of cold Gouts, Sciatica, and all manner of Aches in the Fleſh and Bones, and alſo for Bruiſes. Proved.*

TAke one pound of Cowſlip-flowers, picked out of their caſes, gathered in *April* on a fair day when the Dew is gone, and ſouſe them in Oyl Olive ſo much as will cover them, let them lie in it till *June* in a glaſs; then take Calamint, Herb John, Sage, Agrimony, Southernwood, Pelitory of *Spain*, Roſemary, Wormwood, Penny-royal, Lavender, Cammomil, Hirſe, Laurel leaves, flower of Lillies, Pelitory and Featherfew, the tenderneſs of the Ivy and Broom flowers, of each one little handful; ſtamp them all together well, and then infuſe them in White Wine, ſo that they may be covered all over therein, ſo let them remain fourteen or fifteen hours, then put them in Oyl Olive ſo that the liquor may near ſwim, ſo boil it together upon a ſoft fire, & ſtir it well till the rawneſs and wetneſs of the Oyl be gone, then ſtrain it through a canvas cloth into a pewter diſh,

or

or glass, for earth or wood will not hold it, and use it for a singular good Oyntment, and above all other approved. If there be any pieces in the pan which the said Oyl is boiled in, it will run out, after the Herbs are once hot; it must be continually stirred on a very little fire, no more than any Egg will abide without breaking.

To make a Cere-cloth against Swellings and Aches. Approved.

TAke Broom flowers two little handfuls; red Bramble leaves one little handful, this Bramble beareth but three leaves together, and groweth low on the ground, take it off on the middle leaf, a piece of unwashed Butter, and pound the herbs aforesaid with two or three Cloves, & then boil them in Butter, & strain, and take a piece thereof, with a little piece of Wax, and being melted together, make a Cere-cloth with it. Also take Oyl of Broom, Bramble, and Butter, and temper it with a little *Aqua vitæ*; it is good against Aches, to be used and rubbed on the Aches in the morning, but not at night.

The

The Lady Leonards *green Oyntment.*

TAke red Sage leaves, and Rue, of each one pound, the youngeſt Bay leaves and Wormwood, of each half a pound, gather theſe in the heat of the day, pick them, waſh them not, cut them ſmall, and beat them long in a fair Mortar, then take half a pound of Sheeps ſuet hot from the Sheep, mince it ſmall, and put it to the Herbs, beat it together till it is all of one colour, then put all into a clean bowl, put to it a pottle of the beſt Oyl Olive, work all theſe well untill all become alike ſoft, then put it into an earthen pot well ſtopt for eight days, then with a ſoft fire ſeeth it in a fair pan, put to it four drams of Oyl of Spike, when it is half ſodden, being ſodden, ſtrain it through a clean Canvas into clean gallypots ſtopt cloſe with Parchment and double Sheeps leather, anoint the place grieved therewith, rubbing it every day before you leave it, if you put a clean warm cloth after you have anointed the place thereon it is better; this is made only in *May*, and will laſt many years being cloſe ſtopt, and cool kept.

The

The Lady Smiths *Remedy to bring a young Child again when it is born.*

TAke a little Coventry Blew Thred, burn it, and hold it to the Childs Nose, that the smoak may go up.

To bring away the after-burthen, although a day or two after the Delivery.

TAke Rye, and crede it as you do Wheat for Furmity, and make a Caudle of it, so let her drink a good draught once or twice. This is proved.

For one bound in body, though a Woman with Child.

TAke a pint of white Wine, a quarter of a pint of Damask Rose-water, twenty Damask Prunes, forty Raisins of the Sun stoned, a little whole Mace, and a few Aniseeds tied in a cloth; let all these boil leisurely

ſurely together, and put thereto either Sugarcandy, or fine Sugar, and when it is boiled to a Syrup, take out a little of it, and ſtrain it through a fine cloth with a little Manna, and put it into the Syrup, and let it ſimmer together a good while, then put it into a glaſs, it will keep good a good while, as half a year, and when you have occaſion to uſe it, you muſt take one of the ſaid Prunes, and two or three Raiſins, and eat them in the morning faſting, and take a ſpoonful alſo of the ſaid Syrup faſting two or three hours after the ſame.

Dr. Atkinſons *Gliſter for the Winde.*

TAke Cammomil, Mallows, Violet leaves, Bert leaves, Bean and French Barley one little handful, of Fennilſeed and Anniſeed each two ſpoonfuls; boil all theſe together with a Rack of Mutton, till the fleſh be very tender; then take a pint of the fatteſt liquor ſtrained, and put into it two drams of the Oyl of Rue, or Oyl of Cammomil, and for want thereof a little diſh Butter melted, two drams of courſe

courſe Sugar, and one or two yolks of Eggs.

To bring away a dead Childe, or afterburden.

TAke Saffron, Mace and Cinamon, beat them to powder, and ſearce them, and take of the powder a juſt quantity, give as much as will lie upon the point of a knife in Ale, Beer, or one ſpoonful of what they beſt like.

A gentle Purge which taketh away a Tertian Ague, being given the fourth Fit. Proved.

TAke a dram of Rhubarb, and infuſe it in Succory water ſix ſpoonfuls, three hours together on a very gentle fire, then ſtrain it, and put in it halt a dram of Syrup of Rhubarb, three ſpoonfuls of Syrup of Roſes, and a ſpoonful of Cinamon water, take this faſting, after the fourth fit when

when they are not ſick; if this be too weak to purge a ſtrong body, add thereunto two or three drams of the leaves of Sena, with a few Fennil-ſeeds to quicken it more; if it be always made with this addition, it is the better.

The Lady Gorings *Water for an Ague, Sickneſs, or foulneſs in the Stomach, and to purge the Blood.*

TAke the Dung of a Stone horſe that is kept in the ſtable when it is new made, mingle it well with Beer and a little Ginger, and a good quantity of Treacle, and diſtil in an ordinary ſtill; give of this a pretty draught to drink.

The Lady Gorings *Remedy for a Burn or Scald.*

TAke Hogs fat, or Seam made of it, melt it, but let it not boil, put into it the white of a new laid Egg, or two well beaten, and ſtir it continually on Embers, till it be like an Oyntment; keep it for

for your use, anointing the sore twice a day with it.

The Lady Gorings *Remedy for a sharp Urine.*

BOyl running water with Liquorish, till it be something strong of it, boil also in it a Pippin or two, when it is boiled, put in also some brown Sugarcandy, drink of it every morning fasting a pretty draught.

For deafness. Proved.

TAke linseed Oyl and *Aqua vitæ*, shake them together in a glass bottle, and set it in the sun a moneth or five weeks, shake it well every day, and when you use it, put a little into the ear, and stop it with a little black Wool.

An

An approved Receipt to ſtop bleeding at the Noſe, Wound, or cut in man or beaſt.

TAke the flax of a Hare, the Moſs of an Aſh-tree, and powder of Bolearmonick, chop them together, and wet them a little with fair water, and put it into the Noſtril that bleeds, and ſtir it not in twenty four hours; if it be of a cut or wound, look firſt if there be not little pieces of looſe fleſh or skin that hangs; if there be, clip it away, or elſe the blood will not ſtay, then lay the aforeſaid Medicine to it, and ſtir it not in twenty four hours.

The Lady Nevils *Remedy for the Stone.*

TAke the herb Aurea, or Gold Wire, dry it and keep it all the year, and every Full of the Moon take a ſpoonful of the Powder in ſix ſpoonfuls of Milk and water, and one of White Wine, or you may take it in Plantain-water, or Vervin-water, or any that is good for the Stone, it is alſo good to take it in the fit.

The

The Lady Mildmays *Drink for a Cough or Cold.*

TAke of Liquoriſh ſcraped and ſliced, of Anniſeeds rubbed and bruiſed, of Raiſins of the Sun ſtoned, of Figs ſliced, of Hyſop tops, of each one little handful, and a great handful of Colts-foot; boil all theſe in a gallon of running water, until two or three parts be conſumed, then ſtrain it, and ſtir it in three or four good ſpoonfuls of Honey; take this in the morning faſting, at four a clock in the afternoon, and when you go to bed, four ſpoonfuls at a time warm.

Mrs. Chaunce *her Receipt for the Spleen and Melancholly, the Preparative.*

TAke of the roots of Parſley, Fennil, Bruſcus, Sparagus, of each four ounces; the ſeeds of Fennil, Anniſe, and Caraway, of each a dram and half; of the bark of Capers and Tamariſk, of each an ounce and half; of the leaves of Mugwort, Borage,

rage, Bugloſs, of each one little handful, of Cetrarch and Dictamum each one little handful; boil all theſe things in three pints of Conduit water, till halt thereof be conſumed, then ſtrain it, and put to it Syrup of Harts-tongue, and Syrup of Succory, and Rhuburb in powder or ſliced, each four ounces, then let it ſtand all night, and the next day clarifie it, and after put to it the Spices of Letificans Galeni, and Diamuſcum Dulce, each two ſcruples, take of this in the morning faſting ſix ounces, and as much an hour before ſupper, take it thus two days together, then take the purge following.

Mrs. Chaunce *her Purge.*

TAke of Sena three drams, of Epithimum and Polypody of the Oak, each two drams, of Fennil, Anniſe, and Caraway ſeeds, each a dram and a half, Cardus ſeed two ſcruples; boil them all in a ſufficient quantity of Conduit water, until it come to three ounces, then put to it of Rhubarb a dram & half infuſed in Succory water, of the ſyrup of Auguſtanus, & ſyrup of Harts-tongue

tongue each one ounce, to make a Potion, and take it three times, every third day take one of these, and take at night when you go to bed, of Diascordium two scruples, of Alkermes dissolved in Borage water one dram.

Mr. Powel *for the Stone and Cholick.*

TAke the quantity of half an hazel-nut kernel of Mithridate, and so much black Sope, and mix them together, and take a broad Onion, and cut off the top, and make it somewhat hollow, and put the black Sope and Mithridate in it, and cover it with the piece you cut off, wrap it in paper, and roste it in embers until it be very soft, then put it between two linnen clothes warm, and lay to the Navil, and pin the clothes upon the back; so use it till you find ease.

Mr.

Mr. Rowland Haughtons *Receipt for the cure of the Stone.*

TAke Arſemart, otherwiſe called red Shank, and diſtil it, and take it in the evening when you are warm in bed to the quantity of half a pint, and the like in the morning a little before you riſe, about ſome four times, then take Barberries, and take the outſide rinde of them, and beat them into very fine powder, and take every morning and evening, and drink either a draught of the ſaid water, or ſmall Beer after it; continue this, and it will cure you.

For an Ague congealed, or fallen into a Womans Breaſt.

TAke a quantity of ſtone Honey, and the ruſtieſt Bacon you can get, Smallage, Alexander red Cole, Marigolds with black ſeeds of Groundſel, Plantane, and Sage, of each a quantity; put all theſe in a mortar, and ſtamp them as ſmall as you can,

can, then lay the Salve upon a piece of white Leather, and to the place where you would have the Breast break; the Plaister must be spread upon the rough side of the Leather.

An approved Medicine by the Lady Bray *for the Ague falling into any part of the Body.*

TAke of Parsley one little handful, Smallage and Hemlock of each as much, chop them small, then stamp them and put thereto a quantity of Barrows grease, and stamp them all together, then boyl them a good space, stirring it continually until it wax green, then strain it; and when you use thereof, take some in a sawcer, and anoint the place with a feather against the fire.

The

The Lady Arundels *especial Remedy for the Stone, Back, or Stomach, or to make a Woman Conceive.*

TAke the roots of Sea-holly, (it groweth by the Sea-side, like little Trees of half a yard long, some name them Eringoes) and make it in sirup, and eat of it in the morning fasting, and at four a clock in the afternoon, and before you take it, take some gentle Pills, but once in the beginning.

The Lady Dacres *Medicine proved, for the Stone and Strangury.*

TAke black Bramble-berries when they be red, Ivy-berries, the inner pith of Ashen Keys, Eglantine-berries, the Nut Keys, the roots of Filipendula, of all these a little, Acorns, and the stones of Sloes, of each a like quantity, but not so much of either of these as half of any of the other, dry all these in platters in an oven, till they will be beaten to powder, then take Cro-

Cromel-ſeed, Anniſeed, Saxifrage, Alexanders, Parſley, Coriders, Fennil-ſeeds, the ſeeds of each of theſe the like quantity of the firſt, and dried in like ſort, then beat all together in the like ſort to fine powder, then take Liquoriſh fair ſcraped the beſt you can get, as much in quantity as all theſe, and beat it fine, and mingle it with the powder, and keep it cloſe from the wind, and ſo uſe it morning and evening with Poſſet Ale, with Tyme of the Mount boiled in it, make your Poſſet drink with White Wine, or other drink, and when you eat any pottage or other broth, put ſome of the powder in it if you be ſore pained, and if you have any Stone, it will come away in ſhivers, and if it do ſo when you drink, your water is clear, take this drink following, and it will leave no corruption or uncleanneſs in the bladder.

The Drink.

TAke Roſemary and wilde Time, and ſeethe them in running water with as much Sugar as will make it ſweet; boil it from a quart to a pint, uſe the quantity of

of the Herbs to your discretion, so that it may savour of them well, and use it nine mornings, six or seven spoonfuls at a time.

Mr. Eldertons *Medicine for the extremity of the Cholick and Stone.*

TAke Ashen Keys, and dry them in an oven, take out the kernels from the husks, beat them into powder, and searse them fine, and keep it; then take Eglantine berries, dry and beat them as the other, then take of them with a feather, then searse it as above, take Housleek, dry and searse it as the other, take a little quantity of the three powders, and put them together, take Anniseeds, and Liquorish, of each a little quantity, dry them severally and powder them, being finely searsed, put them with the other three powders, a little quantity of both, and take a spoonful of these powders or less, and mingle all together, and put into it three or four spoonfuls of White Wine or Ale, and drink it in the morning, fasting one hour after it: thus drink it once in six days, or else when you are grieved, and

and you shall never find pain of the Cholick nor Stone. The seed of great Nettles must be beaten to powder, and mixt with them, and it will be better.

For a Pin or Web in the Eye far gone.

TAke the marrow of a Goos-wing, and mingle the powder of Ginger therewith, dress the Eye therewith two or three times a day.

A Medicine for the Eye aching, or Redness thereof.

TAke a vial glass, and fill it full of fair running water, and put into it fine Sanguis Draconis, the quantity of a Hazle Nut, it will help the Eye.

For ſore Eyes that come from hot humours.

TAke Elder leaves, and chafe between your hands, and lay it to the Nape of the Neck.

For the Pin and Web in the Eye, ſo it be taken before the ſight be quite extinct.

TAke a little handfull of three leaved graſs, that hath the ſign of the Moon in it, as much roots and leaves of Daſies, and ſeven or eight corns of Bay ſalt, beat all theſe together, then ſtrain them through a cloth, and take two new laid Eggs, and beat the whites of them a good while, then let them ſtand a quarter of an hour, and then take of the froth clean, and take the clear of the whites, as much as the quantity of the juyce of the ſaid Herbs, then take the quantity of two Hazle Nuts of Engliſh Honey and ſtir them together, then let the party be laid upright, and drop three drops with a feather into the Eye, and lie ſtill a good while after; this muſt be uſed at leaſt twice a day.

For

For red Eyes, Pearle, Pin, or Web.

TAke Verjuyce that is made of Grapes, and put it morning and evening into the sore Eyes; some will put a little Salt with it.

Dr Friers *excellent Remedy for Heat, and Pimples in the Face.*

TAke of Plantain leaves four little handfuls, and of Mallows or Tansey one little hanful, of Cinquefoil half a little handful, and as much of Strawbery leaves, there must be this quantity of every sort; when they are pickt clean, then take a pottle of new Milk hot from the Cow, and put it in a still with the same Herbs, untill it be dropped a quart, then let it drop no more; you may keep it a whole year in a glass, when you use it wet a cloth in some of it, and wash your face at night in bed, and often in the day; the best time to still it is in *May*.

For Heat or Scurf in the Face.

TAke a pint of Cream, as thick as can be ſcummed, then take of Cammomil one little handful, pick, waſh, and ſhred it very ſmall, then put it into the Cream, and let it boil very ſoftly till it comes to an Oyl, never ſtirring it after the putting in the Herbs at firſt, but ſcum it clean when you ſee the Oyle come to the top; then let through a fine linnen cloth, and then anoint the face therewith.

A very good Medicine for a Tetter.

TAke red Dock roots, waſh them, ſcrape them, and cut them into ſlices, and lay them in white Wine Vinegar at night or a day, and then uſe it to the place grieved, waſhing the place with the root, and the liquor many times.

To

To skin the rawness of a Womans Nipple.

TAke a Deers foot, and take the marrow thereof and anoint the Nipple therewith.

To dry up Milk in a Womans Breast.

TAke a quantity of *Aqua Vitæ*, and a quantity of sweet Butter, melt and temper them together, and anoint the breast therewith, laying a brown paper betwixt them, and so doe as often as the paper drieth, till the Milk be dried up; this is also good to keep the Ague out of the breast.

To make a Woman have a Nipple that hath none, and would give suck.

TAke a Wicker Bottle that hath a little mouth, and fill it full of hot water, and stop it close till the bottle be through

hot, then let out the water, and ſet the mouth of the bottle cloſe to the Nipple; as long as there is any heat in the bottle it will cleave faſt.

To heal the Nipple of a Womans Breaſt.

TAke a quantity of Cream, and put it into the juyce of Valerian ſtamped and ſtrained, and as much of the juyce of Sea-green uſed in like ſortsboil all theſe together till it come to be as Butter, then take it and put it into a box, and anoint the Nipple therewith three or four times a day, and lay a Walnut ſhell, or ſome other hollow thing over it to keep the clothes from it till it be whole, or elſe make a poſſet Ale of Alum, and lay the curd to the Nipple warm, till the childe doth ſuck, and then lay on again.

A Medicine for worms in young Children.

TAke a Plaiſter of white Leather, or brown Paper, and ſpread it with Honey

Honey, warm it a little againſt the fire, but firſt ſtrew ſome of the beſt Aloes Succotrinæ thereon, then lay it all over the ſtomach of the Childe warm; the like Plaiſter is to be laid on the Childes Navil at the ſame time; if you have no Honey, mix the juyce of Plantain, and lay it on the leather.

Dr. Foſters *Infuſion purging Choller.*

TAke Damask Roſes two ounces, or Rhubarb two drams and a half, of Spikenard one ſcruple, of Orcin one ſcruple, cut all ſmall, and infuſe in a quart of clarified whey all night, in the morning ſtrain gently, and put to it one ounce of Syrup of Roſes, or Syrup of Violets.

Dr. Foſters *Infuſion purging Melancholly.*

TAke Fumitory, Epithymum, flowers or leaves of Borage and Bugloſs, of each a good handful, Polipody of the Oak one ounce, Sena half an ounce, Fennil-ſeed two drams, Whey three pints; infuſe

and boil to a quart, whereunto adde two ounces of Syrup of Roſes ſolutive; the doſe is half a pound, you may quicken a draught with a dram of Electuary of Roſes.

An opening purging Julip, and cooling, for Choller and hot Humours.

TAke of Barley two little handfulls, of Savory with the roots, Maidenhair, Liverwort, Sorrel, each half a good handful, of roots of Graſs, of Fennil, each half an ounce, of the four colds ſeeds, each two drams, boil them in a ſufficient quantity of Succory water untoſixteen ounces, in which infuſe half an ounce of Sena, Tamarindes and Polypody, of each three drams, Jalap and Hermodactils, of each two drams, Fennilſeed, Anniſeed, and Liquoriſh, of each one dram, Currans bruiſed half an ounce, of Borage, Bugloſs, and Roſemary flowers, of each one dram; infuſe theſe warm, then boil them untill five ounces of the Succory water be conſumed, then ſtrain it, and adde the expreſſion of four ſcruples of Rhubarb infuſed in three ounces of Manna, and Syrup of Roſes one ounce, of the

the Cryſtal of Tartar one dram, mingle them; the Doſe is four or five ounces every morning.

Dr. Mores *Powder, or groſly prepared Drug, to be taken in Mornings, and after Meal, to mend Concoction, comfort the Brain, break Wind, and make ſweet Breath.*

TAke Liquoriſh cut ſmall, Aniſeed Comfits with one skin of Sugar, of each two ounces, ſweet Fennilſeed Comfits with one skin of Sugar, Corianders prepared, and Caraway-ſeed, of each one ounce, of white Ginger, Cinamon, Calamus Aromaticus, and Nutmegs, of each one ounce, cut very ſmall, of the Lozenges of Aromaticum Roſatum, of Manus Chriſties, with Chymical Oyl of Cinnamon, Cloves, and Lozenges of Diambra cut into ſmall pieces, each half an ounce, to be taken about a ſpoonful at the time aforeſaid.

Lucatello's *Balſam admirable for all wounds.*

TAke Venice Turpentine one pound, Oyle Olive three pints, Sack ſix ſpoonfuls, yellow Wax one pound, natural Balſam half an ounce, oyl of Saint Johns-wort, red Sanders powdered, of each one ounce, waſh the Venice Turpentine three times in red Roſe-water, then ſlice the Wax thin, and ſet it on the fire in a big skillet, and when it is well molten, put the Turpentine to it, and ſtir them well together till they boil a little, take it off the fire, and let it cool till the next day, then cut it into thick ſlices, and pour all the water out of it, then ſet it on the fire again, and when it is molten, ſtir it well, and put it into the aforeſaid Oyls, Sack, Balſam and Sanders, and ſtir them well together that they may incorporate, then let it boil again for a ſhort ſpace, take it off the fire, and ſtir it well for the ſpace of two hours, that it may become thick, and when it is cold, put it up in ſeveral Gallipots, and when you uſe it, apply it tented into a deep and hollow wound; if it be only a ſlight cut, anoint the

the wound with it, and bind it fast on with a cloath.

A Purge by Dr. Mayhern.

TAke of the best Sena six drams, Rhubarb two drams, Cream of Tartar half a dram, of sweet Fennil-seed as much, and a little Cinamon; infuse all these one night in half a pint of white Wine, in the morning let it boil one walm or two, strain it, and put of the best Manna an ounce, dissolve it over the fire, then strain it again, then put to it an ounce of Salatine, Syrup of Roses, so drink it, fast two hours after from meat, and drink, and sleep, and then dring nothing but thin broth.

An approved Medicine to beautifie the Face, or to take away Pimples, or Heat in the Face.

TAke a fair earthen Pipkin, and put into it a pottle of clean running water, and an cunce of white Mercury beaten to

to white powder, then ſet it on the fire, and let it boil untill one half be conſumed, and keep it cloſe covered ſaving when you ſtir it, then take the whites of ſix new laid Eggs beaten half an hour or more, and put it into the liquor, after it is taken from the fire, you muſt put in alſo the juyce of Lemons being very good, and half a pint of new Milk, and a quarter of a pound of bitter Almonds blanched and beaten, with half a pint of Damask Roſe-water; ſtrain all theſe together through a ſtrainer, and let it ſtand three weeks before you uſe it, and I will warrant you fair, *&c.*

An excellent Water for the Eyes that are red or full of Rhume.

TAke young Hazle Nuts, when they are ſo ſoft that you may thruſt a pin through them, ſtill them in a Roſe ſtill, husks, ſhells and all, and with the water waſh your Eyes.

To

To cure a wound though the Patient be never so far off.

TAke a quart of pure spring water, and put into it some Roman Vitriol, and let it dissolve, then if you have any blood of the wound either in linnen or woollen, or silk, put the cloth so blooded in the water, and rub the cloth once a day, and if the wound be not mortal, the blood will out, if it be, it will not. Let the Patient keep his Wound clean, washing it with White Wine; when ever you wash the cloth, the party wounded shall sensibly finde ease; let the cloth be constantly in the water.

To make Oyle of Swallows.

TAke Swallows as many as you can get, ten or twelve at the least, and put them quick into a mortar, and put to them Lavender Cotton, Spike, Cammomil, Knot-grass, Ribwort, Balm, Valerian, Rosemary tops, Woodbine tops, strings of Vines, French

French Mallows, the tops of Alehoof, Strawberry ſtrings, Tutſane, Plantane, Walnut leaves, tops of young Bayes, Hyſop, Violet leaves, Sage of vertue, fine Roman Wormwood, Brooklime, Smallage, Mother of Time, of each of theſe a handful, two of Cammomil, and two of red Roſes, beat all theſe together, and put thereto a quart of Neats-foot Oyl, or *May* Butter, ſtamp them all together, and beat them with one or two ounces of Cloves, and put them all together in an earthen pot, ſtop it very cloſe with a piece of dough round about, ſo cloſe that no air can come out; ſet them nine dayes in a cellar, and then take them out, and boil them ſix or eight hours on the fire, or elſe in a pan of water; but firſt open your pot, and put in half a pound of Wax, white or yellow, whether you will, and a pint of Sallet Oyl, and ſtrain them through a Canvas cloth.

To make Lead plaiſter.

TAke two pound and four ounces of the beſt and greeneſt Sallet Oyl, with

with a pound of good red Lead, and a pound of white Lead, beat them well into duſt, then take twelve ounces of Caſtle-ſope, incorporate all theſe well together in a well glaſſed and great earthen pot, that the Sope may come upwards, ſet it on a ſmall fire of coals the ſpace of one hour and a half, alwayes ſtirring it with an Iron ball, or round pommil, then make your fire ſomewhat bigger untill it be the colour of Oyl, then drop a little on the board, and if it cleave neither to your finger, nor the board, then it is enough; then take the clothes and make them into what breadth or ſize you pleaſe in Cerecloth, let not your cloath be courſe, but of a reaſonable new Holland, and when you have dipped them, then rub them with a Slick-ſtone, it will laſt two years, and the elder the better, as long as it will ſtick it is good.

The Vertues of the Leaden Plaiſter.

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1. IF it be laid to the ſtomach, it provoketh appetite, and taketh away any griefin the ſame.

2. If

2. If laid to the belly, it is a preſent remedy for the ache.

3. If laid to the Reins of the back, it cureth and healeth the Bloody Flux, the running of the Reins, heat in the Liver, or weakneſs of the back.

4. It healeth all bruiſes and ſwellings, it taketh away aches, it breaketh Felons, Puſhes, and other Impoſthumes, and healeth them.

5. It draweth out any running humour without breaking of the skin, and being applyed to the Fundament, it healeth any diſeaſe there growing.

6. The ſame laid to the head is good for the Eyes.

7. The ſame laid to the belly of a Woman, provoketh the Terms, and makes apt for Conception.

For the Stone and Gravel.

TAke and dry the roots of red Nettles, make them into powder and drink a ſpoonful of the powder in a draught of white Wine ſomething warm, and it will break the Stone, though it be never ſo great,

great, with speed; use it every day untill the Stone and Gravel be all broken and consumed. A thing of small price, and great vertue.

A Drink to purge the Body, being very good for them that have the Scurvey, or are inclined to it.

TAke a pottle of fine running water, and a pint of Rhenish Wine for a young body, & for any elder take a quart, set it on the fire, put into it three or four slices of Horse Radish, a great handful of Water cresses, and a handful of Brooklime, both a little bruised, slice in two or three Oranges, outsides and insides, let them boil all together better than half an hour, then have ready a greater quantity of Scurvey-grass bruised, or a pint of the juyce of Scurvey-grass ready strained, & put into the Liquor, and set over the fire again, then there will arise a curd, which being taken off, put into the drink when it is cold three or four Lemons more, or less, as best pleaseth the taste, sweeten it with Sugar, & drink a Wine draught in the morning, & at four a clock in

in the afternoon,& then walk and uſe ſome exerciſe after it. The party that hath the Scurvy, and whoſe legs are much ſwelled, may put into the drink ſome Juniper berries bruiſed,half an ounce,or thereabouts.

Dr. Bates *his Medicine againſt a Conſumption.*

TAke Liverwort two handfuls, Succory ſix, Endive, Borage, Colts-foot, of each ſix handfuls, ſhred theſe finely, put them into a gallon of new Milk, let them ſteep all night, in the morning diſtil them in a glaſs ſtill, then take three ſpoonfuls of red Roſe-water,three ſpoonfuls of this water,with half a pint of red Cows Milk, and as much Sugar of Roſes as will ſweeten it.

To make Gaſcony Powder.

TAke the black tips of Crabs Claws, gotten when the Sun is in *Cancer*, pick out from within them all the fiſh,beat them to as fine a powder as you can, then ſearſe

ſearſe it through a very fine ſearſe, take an ounce of this powder, and put to it half an ounce of the Magiſtery of Pearle, and as much of the Magiſtery of Coral, mix them well together, then put a little Roſe-water in a glaſs, in which you muſt hang a little Saffron in a bag, and a little Musk and Ambergrece in another; let them hang in Roſe-water two or three dayes, till the virtue of them be gone into the water, then put your powder either into a ſilver Porringer, or a white earthen one, and put as much of the Roſe-water as will moiſten your powder, then dry it in the Poringer by a gentle fire, and ſo wet your powder three or four times, and as often dry it, after this make a Gelly as followeth.

Take a Viper alive in *May* or *June*, cut off his head and tail, above the Navil pull off his skin, and with a clean cloath rub it dry, and ſo you may hang them up, and take two of thoſe skins, & ſlice them ſmall with a little Harts-horn, and make a Gelly of them, you need not make much, then when your powder is dry, wet it three or four times with this Gelly, and as often dry it, and at laſt put no more Gelly than will moiſten the powder, then make it up in balls as big and as little as you pleaſe, and dry

dry them in a ſtove, and ſo keep them all the year.

Take of this Powder twelve or fourteen grains, either dry, or in a ſpoonful of ſmall Beer, in which there is a little Syrup of Glove-gilly-flowers.

Certain Plaſters and their Uſes.

1. EMplaſt. *Deminum* two pound; it is good for all kind of bruiſes, or biles, or old ſores, *&c.*

2. *Emplaſt. Mellilot* two pound; it is good for all ſorts of green wounds, or bruiſes, or ſwellings, or to breed fleſh being wanting.

3. *Diapalma* two pound; it is a very fine drying Plaiſter, and a good defenſive to defend wounds from Inflammation, *&c.*

4. *Oxieroceum* four ounces; it is an extraordinary good warming Plaiſter for broken bones, or any cold cauſe, *&c.*

Certain

Certain Oyntments and their Uſe.

1. UNguentum *Dalthea* one half pound; it is good to aſſwage pain, diſſolve ſwellings or hardneſs.

2. *Unguentum Populeon*; it is a great cooling Oyntment for fire, or any great inflammation, or any burning.

3. *Unguentum Album*, ſix ounces; a fine cooling skining Oyntment to mix with others, *&c.*

4. *Unguentum Nervinum* four ounces; it is good for all cold cauſes of the Sinews or Joynts.

5. *Unguentum Tutiæ* two ounces; good for watering ſore Eyes.

6. *Unguentum Baſilicon* ſeven ounces; good to fill hollow ulcers with fleſh, and apply a plaiſter on the top of it.

7. Balſam two ounces, good for all ſorts of green wounds, being put in warm.

A Receipt of the Oyl of Saint Johns-wort.

TAke a quart of the beſt white Wine, infuſe therein pickt flowers of Saint Johns-

Johns-wort, then ſtow theſe flowers very dry, and put in more into the ſame Wine, infuſe them again, ſo long that the Wine be very ſtrong and red coloured with the Saint-Johns-wort, then ſtrain out the Wine clear from the flowers, put thereto a pint of the beſt Sallet Oyle, a quarter of an ounce of Cinamon bruiſed, a quarter of Cloves bruiſed, one race of very good Ginger ſliced, one good handfull of yellow flowers of Saint Johns-wort pickt very clean; boile all theſe on a very ſoft fire, till the Wine be all evaporated; when it is almoſt boiled, put in one good ſpoonful of pure Oyl of Turpentine, let that boil in it a little, ſo keep it for your uſe, the elder the better.

A Receipt for an extraordinary waſting of the Back, and for the Stone and Strangury, uſed by Juſtice Hutton.

TAke Plantain and Ribwort, diſtil them in an ordinary Roſe Still; when you have occaſion to uſe it, take Pippins and roſt them, & take away the skin and core, & put them into the water, making thereof a Lambſwool as thick as you pleaſe, ſweeten it with ſome Loaf Sugar, the ſweeter

sweeter the better, take thereof half a pint when you go to bed, and this do nine or ten nights together, especially when you feel an heat in the Back.

For the Teeth.

IF you will keep your Teeth from rotting or aching, wash the Mouth continually every morning with juyce of Lemons, and afterward rub your Teeth with a Sage leaf, and wash your Teeth after meat with fair water.

To cure the Tooth-Ache.

1. TAke Mastick and chew it in your mouth till it is as soft as Wax, then stop your Teeth with it, if hollow, there remaining till it is consumed, and it will certainly cure you.

2. The Tooth of a dead man carried about a man, presently suppresses the pains of the Teeth.

FINIS.